Scottsdale Surgical Center with a New Twist: Chiropractic

June 25, 2015

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Scottsdale, AZ --MUA or manipulation under anesthesia is a non-invasive procedure used to break up scar tissues and other adhesions by using a combination of passive stretches, short-lever spinal manipulations and precise postural and articular kinesthetic movements. In order for a physician or chiropractor to perform MUA, they are must be extensively trained and certified. In Scottsdale, Arizona, Nobilis Health Care Ambulatory Center recently opened their doors to provide patients suffering from frozen shoulder with sedative physical MUA by an experienced and certified staff.

Nobilis Health Care Ambulatory Center has recently opened in Scottsdale, AZ. The clinic specializes in manipulation under anesthesia for frozen shoulder.

?When people hear the term ?frozen shoulder? they assume the problem can only effect their shoulder,? explained Dr. John Quackenbush, a chiropractic provider at the clinic. ?It?s also known as adhesive capsulitis, and unfortunately, it can effect most joints, most commonly after a joint replacement procedure. Regardless of whether it?s your hip, shoulder, ankle or knee, sedative physical medicine or MUA can help improve the range of motion and flexibility of the joint and the procedure itself is completely painless.?

What causes frozen shoulder is not completely understood and in certain cases may even be unidentifiable. While some causes of frozen shoulder are not immediate, most can be traced back to a recent injury and subsequently caused immobility in the joint or a joint replacement due to excessive scar tissue production. The term was originally named due to the shoulder?s spheroidal joint, or ball and socket joint. Scar tissue builds up in the tendons and ligaments which make up the shoulders joint ?capsule?, making it stiff and difficult, and very painful painful, to move. Studies have shown that people between the ages of 40 and 60 are more likely to be at risk for frozen shoulder, as well as people with diabetes. Women also tend to be more likely to contract frozen shoulder than men.

Dr. Quackenbush went on to explain that there are typically three stages for frozen shoulder. First is the freezing stage, which is when movement of any kind causes pain in the shoulder, as well as stiffness and

limited motion. During the frozen stage the shoulder will become stiffer and more difficult to use, however pain may lessen. The thawing stage is the final stage in which the shoulder?s range of motion will begin to show improvement.

The new Ambulatory Center, led by chiropractors Dr. John Quackenbush and Dr. Trever Penny, have performed well over 500 MUA procedures for frozen shoulder. MUA definately can help with pain, as well as improving the flexibility and range of motion within the shoulder or joint affected by adhesive capsulitis. Most insurances cover MUA services, but the office advises to confirm this with the specific insurance provider.

Nobilis Health Care Ambulatory Center has immediate openings for new patients with frozen shoulder. Patients can either be referred or calling the office directly at (602) 449-9400.

About Nobilis Health Care Ambulatory Center

Specializing in sedative physical manipulation under anesthesia, Nobilis Health Care Ambulatory Center provides this non-invasive and effective procedure for patients suffering from frozen shoulder. Based in Scottsdale, AZ, the clinic helps patients improve range of motion and flexibility with this completely painless procedure.

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For more information about Penny Injury Chiropractic, contact the company here:Penny Injury ChiropracticTrever J Penny DC1-623-463-1000drq@drqdc.com9130 W. Thomas Rd. A106 Phoenix AZ 85037 USA

Penny Injury Chiropractic

Phoenix Chiropractor is a group of like minded Chiropractors who limit there practice to treating car accident victims, providing pain management and sedative Physical Medicine for frozen shoulder known as Manipulation under anesthesia.

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