



Car Wreck Doctor's Five Reasons To Choose Chiropractic Care After An Auto Accident

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Atlanta, Georgia based Car Wreck Doctor has recently published a public advisory on the importance of undergoing chiropractic care after a car accident.

Chiropractic adjustments are used most often to treat neuromusculoskeletal conditions which include back pain, neck pain, joint pains on the arms or legs and minor to severe headaches. Chiropractic physicians often referred to as "Chiropractors" practice hands-on, non-invasive and drug prescription-free treatments to patients who are suffering from said chronic pains. They are also able to provide certain physical therapy routine exercises as well as dietary, nutritional and lifestyle recommendations.

According to the American Chiropractic Association (ACA), an approximate 35 million Americans, both kids and adults, benefit from chiropractic care annually.

Car Wreck Doctor reiterates the importance of chiropractic treatment to those who have been in auto accidents, primarily because not all injuries manifest immediately. Cuts, bruises or broken bones can be easily recognized but some conditions do not appear right away. The human body's adrenaline is good in

masking the pain but once it subsides, discomfort and inflammations can be made apparent. Patients are strongly advised to treat these underlying symptoms as soon as possible to avoid serious chronic conditions in the future.

Those who are wary of being on a surgical table can also consider chiropractic treatment and adjustment for it is safe and non-invasive. In many cases, chiropractic care is a very good alternative to surgeries. Unless an operation is really needed, chiropractors can perform spinal manipulations to speed-up the human body's natural healing process. It is recommended to seek a chiropractor's advice before deciding to go into a surgery to save money and long recovery time.

Chiropractic procedures can also significantly reduce muscle and ligament swelling. Severe sudden impacts during an accident create lesions and tears on one's muscles and ligaments. A chiropractor can do spinal manipulations so the body can release fluids and substances to ease pain and inflammation.

Patients who tend to skip a lot of medications can also benefit from chiropractic treatments for their auto accident medical care. Medicines are good at hiding pains but sometimes delay the healing process. Some prescription drugs are also expensive and sometimes give patients a couple of side effects. Chiropractors promote the body's natural healing process without the need for unnecessary medications.

Lastly, it is very important to not take for granted one's body no matter how minor a car accident is. Minor pains after an accident can result in very serious chronic conditions in the future. Address any problem right away and visit a chiropractor for a full body assessment and check-up. This way, any long term side effects can be prevented thus saving patients from physical, emotional and financial burdens in the future.

The importance of seeking treatment from a chiropractor was backed up by numerous testimonials from patients online.

Sunil Kumar, who had suffered severe slip disc L2, L3, L4 and L5 after an accident said, "I was hospitalized for 4 days and was given one month rest with no heavy activities. I had a problem walking and was on strong painkillers. Immediately after being discharged, I convinced my wife to take me to a chiropractor. After some extensive and thorough assessments, I decided to go for the adjustment. I felt an immediate relief when my spine was decompressed. I was able to bend down and walk without a walking stick and lumbar belt support after the third session. In fact, I was able to walk 3km back home from the clinic with ease, that too within a week from being discharged from the hospital."

"I have been having knee pain for five months and even had trouble just putting on my shoes. After X-rays, numerous doctor's visits and lots of pain, I decided to see a chiropractor. The first week of adjustments and I felt 80 percent better and three weeks later, all but pain-free," says Blake Walker.

Elizabeth Williams added, "I had the worst muscle pain in my neck and shoulder. I couldn't move and was tempted to go to the emergency room. Luckily, I decided to give chiropractic adjustment a try and it worked fantastically. My pain, stiffness, and immobility were all gone without taking any medications or drugs."

Car Wreck Doctor connects patients to the best chiropractic physicians in Atlanta and the neighboring areas. Additional information, the latest news, and public announcements can be found on their official website.

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For more information about Car Wreck Doctor, contact the company here: Car Wreck Doctor Bryan Kenalvarez (630) 864-7341 carwreckdoctor123@gmail.com 375 Ralph McGill Blvd Atlanta, GA 30312

Car Wreck Doctor

At Car Wreck Doctor, we have a simple mission, to connect you with professional Medical Doctors, Chiropractors and Personal Injury Attorneys that are trusted in your local area.

Website: <https://www.carwreckdoctor.com/>

Email: carwreckdoctor123@gmail

Phone: (630) 864-7341



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