



Saint Petersburg Drug Rehab Offers Medically Assisted Drug Detox

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St. Petersburg, Florida based WhiteSands Treatment Center has announced that they offer different kinds of residential rehab facilities and medically assisted drug detox in St Petersburg with inpatient and outpatient facilities for people with addiction problems.

The WhiteSands Treatment Center has two inpatient rehab facilities in Fort Myers and Tampa, and a network of over 27 outpatient clinics throughout Florida. The Center employs highly qualified and experienced nurses, addiction counselors and psychiatrists to provide quality health care. They employ state of the art treatment facilities, and provide integrated treatment plans to help people fight drug and alcohol addiction. Psychiatrists and counselors work together with the families of addicts to help increase awareness regarding addiction-related problems, and mitigate the damage and confusion caused by the addiction to addicts themselves as well as their families.

Various outpatient facilities allow for easy access to addiction-related help. Outpatient programs are tailored to the patients' needs, adjusted according to their own pace and lifestyle. This allows patients to schedule their sessions at different times according to their availability, thus causing a minimal impact on their regular

work schedules.

"You don't have to go through this alone," says Joe Ducey from WhiteSands Treatment Center. "Our experienced doctors, therapists, and mental health specialists provide completely tailored treatment alternatives based on your personal requirements and preferences."

The Saint Petersburg drug rehab facility focuses on treatment through medically assisted drug detox. Detoxification is the first step towards a complete rehabilitation program, and involves the removal of harmful toxins, created by drugs or alcohol, from the bloodstream. When a drug is stopped, an addict will go through withdrawal symptoms which can be physical or psychological. Furthermore, depending on the drug type, administration method and the level of addiction, these symptoms can range from mild to severe. Stopping drug intake abruptly can cause adverse side-effects and is not recommended. Instead, detoxification is used at the beginning of an addiction treatment and rehabilitation program.

WhiteSands employs the practice of medically assisted detox in a controlled environment. Medication is administered by medical experts to help manage withdrawal symptoms and drug cravings, and to speed up the detoxification process as needed.

"Some drugs require a slow weaning schedule, while others require medication-assisted detox," says Joe Ducey. "Depending on a patient's needs such as addiction level and type of drug addiction, we prescribe a carefully designed medically assisted detoxification plan that provides the best course of action for addiction treatment. We monitor each patient closely and help them manage withdrawal symptoms without going through the associated pain."

The outpatient program has several components, such as individual therapy, group intensive therapy, individual and/or group intensive counseling, treatment plans for alcohol addiction, treatment plans for substance addiction, treatment plans for co-occurring disorders and so on. Their St Petersburg drug rehab inpatient facilities at Tampa and Fort Myers have extensive, state-of-the-art facilities, complete with resort-style lounging, swimming pool, picnic tables, gazebos, snack cafes, spa, game room, gym and so on.

Patients who have been to these facilities have great things to say about them. "Amazing place and very very very helpful staff," writes Kristin R. "The atmosphere is peaceful and homely, just as what you'd want in a place to get better. I thought I was a lost cause but these guys don't give up on you. No matter how bad your situation is they'll stick with you till the end and bring you out of that dark pit. Thank you so much for bringing my life and me back on the track, I couldn't have been able to do it without you guys. Thank you so much!"

"When I arrived at this drug rehab center, I was hopeless, broke, and helpless," says another testimonial by

Alejandro G. ?I cannot believe I am walking out as a completely changed man. Full of life and hope that my future will be bright. Thank you WhiteSand Treatment Center. You gave me my life back.?

People suffering from, or supporting someone with a drug addiction, can find out more about the WhiteSands Treatment Center on their website. They can be contacted through email, phone, or simply walking into one of the many locations in Florida.

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For more information about WhiteSands Treatment Center - St Petersburg, contact the company here: WhiteSands Treatment Center - St Petersburg Joe Ducey (727) 201-1400 media@whitesandtreatment.com 5749 38th Avenue North St Petersburg, FL 33710

WhiteSands Treatment Center - St Petersburg

WhiteSands Treatment Center In Saint Petersburg offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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