



## **WhiteSands Palm Bay Drug Rehab Offers Various Outpatient Treatments**

*December 18, 2018*

December 18, 2018 - PRESSADVANTAGE -

WhiteSands Treatment Center, a Florida based drug rehabilitation center, is proud to announce that they are also available in Palm Bay, offering various kinds of outpatient treatments for people dealing with addiction. The treatment center offers a holistic drug and alcohol rehab for its clients, adjusting the process as necessary to fit the patient's preferences so that the process of getting over addiction is made as easy as possible.

Asked about their facilities and the treatments, Joe Ducey, a representative for the WhiteSands Treatment Center said, "Addiction is a real problem, that unfortunately is everywhere and it is not easy to break free from it. Our facilities and the treatments we provide ensure that you don't have to suffer alone. We have experienced doctors, therapists, and mental health specialists - people who've worked in the field for a long time and know what they're doing - to help you through every step and make sure that the treatment is tailored to you. If you or someone you know is going through the problems that addiction causes, feel free to contact us. We are here to help."

The Palm Bay drug rehab center exclusively provides outpatient programs that are intended for those wish to

keep their privacy or for those who have just finished a course of intensive rehab and want a follow-up. Ducey added, "Addiction is a terrible thing and it takes over your life. With outpatient programs, you can take back control of your own life. Our programs are highly successful and they are adjusted to your lifestyle and pace, allowing you to schedule your sessions as you need at various times throughout the week. You can live your own life, perfectly normal, and take advantage of the best treatment available."

Outpatient programs are also popular with clients because it allows them to continue what they have been doing, whether it is going to work or going to school, while at the same time they are receiving the appropriate treatment at the WhiteSands Treatment Center in Palm Bay. There is a basis for outpatient treatments which is compounded of several components, such as individual therapy, group intensive outpatient therapy, individual counseling, group intensive outpatient counseling, treatment plans for alcohol addiction, treatment plans for substance addiction, outpatient and inpatient levels of care, and treatment plans for co-occurring disorders.

Bernard Taylor, a former addict and client of WhiteSands says, "WhiteSands saved my life. I was in a very bad place when I reached out to them and now, I have managed to get my life back on track and am getting back to studying. The best part is that because the treatments are flexible, I can still have a life and an education. The staff were very supportive, even when I was at my lowest and the classes were all very focused and therapeutic. They made sure that I could always reach out if I ever feel low again. I don't know what else to say except that they are amazing."

Other reviews also are in agreement with the quality of the treatment. Sally Holland says, "I was scared to death when I arrived ? I didn't know what to do ? but I was quickly comforted by not just the staff but also the patients already there! If you are willing, or even if you're not, just bite your tongue and follow their program. It was truly the only thing I've ever done for myself, and it was the best decision I ever made! The WhiteSands Alumni staff keeps in touch with me on a regular basis, and they've continued being a significant part of my sobriety."

WhiteSands Treatment Center has two inpatient locations as well, in Fort Meyers and in Tampa. Both of these locations offer outpatient treatment in addition to inpatient treatments and are fully outfitted to serve a recovering addict's needs as he goes through the healing process. In addition to the Palm Bay center, White and also has multiple other outpatient centers, in places including but not limited to St Petersburg, Spring Hill, Temple Terrace, Deland, Orlando and more.

More information about the WhiteSands Treatment Center can be found on its website, along with video testimonials from former clients who have successfully beaten their addiction issues with WhiteSands' help. The WhiteSands Palm Bay center's location can be reached at any time.

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For more information about WhiteSands Treatment Center - Palm Bay, contact the company here: WhiteSands Treatment Center - Palm Bay Joe Ducey (321) 265-3376 [media@whitesandstreatment.com](mailto:media@whitesandstreatment.com) 4620 Lipscomb St Palm Bay, FL 32905

### **WhiteSands Treatment Center - Palm Bay**

*WhiteSands Treatment Center in Palm Bay offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.*

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