



## **Rehab Center In Naples Offers Dual Diagnosis Treatment**

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WhiteSands Treatment Center in Naples, FL, has announced that they have published an article on dual diagnosis treatment. The rehab center is offering dual diagnosis rehab and has therefore posted an article titled, "Florida Dual Diagnosis Rehab: A Whole-Patient Approach to Prevent Relapse" to help people understand this particular type of treatment.

Joe Ducey, spokesperson for WhiteSands Treatment Center, says, "A Florida dual diagnosis rehab such as WhiteSands provides a solution to the co-occurring mental disorder problem; simultaneous treatment for both the mental disorder and addiction. Approached in such a way, both the causes of a person's addiction and the addictive behavior and thinking can be addressed, allowing the person to have a real chance at a full recovery."

Indeed, an untreated mental disorder has often been found to be one of the many causes of addiction. Oftentimes, people may use alcohol or drugs as a way to escape the symptoms of their mental disorder. For instance, a person who is suffering from social anxiety may turn to alcohol to relieve that anxiety for a short time. However, over time, the person develops a dependence on alcohol, which results in alcohol addiction.

Meanwhile, treating the alcohol addiction solely may only be successful for a short time as the pressure exerted by the mental disorder would gradually cause the person to relapse.

The problem is that patients are often unaware that they have a mental disorder. That is why upon entering rehab, patients need to be assessed by a health professional such that both their mental and physical health are evaluated before starting a medical detox program. If there are potential mental health issues, after medical detox, the patient undergoes addiction and mental disorder treatment.

Meanwhile, at the end of the article, WhiteSands Treatment Center has listed some resources that families who have a person with an addiction problem can use to better understand what can be done to help their loved one. In view of the rising number of drug addictions, such resources are essential for families who have an addiction problem.

The Naples drug rehab center offers outpatient alcohol and drug treatment programs that have been highly successful. Outpatient programs are preferred by those who want to maintain their privacy or those who have just finished an intensive rehab program and just need to follow up. The core outpatient program at WhiteSands has a number of features, such as individual counseling and therapy, group intensive outpatient counseling and therapy, outpatient and inpatient levels of care, treatment plans for alcohol addiction, treatment plans for substance addiction, and treatment plans designed to address co-occurring disorders.

WhiteSands has inpatient rehab facilities at Fort Myers and Tampa, Florida. The Fort Myers facility has been designed as a campus-style resort property composed of nine four-bedroom custom-built houses. These houses are linked together by cobbled pathways and these are intersected by fountains, streams, gazebos, and picturesque landscaping. Each house is provided with a huge living room with flat screen TV and couches where residents can relax. Also, each house has a spacious lanai porch to allow residents to get some sun and outdoor relaxation. Each house a group meeting room and a therapist office.

The Tampa inpatient rehab facility of WhiteSands is a 50,000 square foot facility that was converted from a previous landmark resort hotel and entertainment complex. The facility is now a leading edge resort treatment center with 150 beds. It is an 8.5-acre property includes a huge resort style swimming pool, lounging area, picnic tables, tiki huts, and gazebos. The facility also has a huge dining table, clubhouse game room, snack cafe, workout gym, and spa treatment rooms. Patients are given the choice of staying in a single occupancy room or a double occupancy room. Every room has its own private bathroom, a flat-screen TV, and full-size beds.

Those who need more information about dual diagnosis treatment and other treatments available at the WhiteSands of Naples - Drug & Alcohol Treatment Center can visit their website or contact them by phone.

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For more information about WhiteSands Treatment Center - Naples, contact the company here: WhiteSands Treatment Center - Naples Joe Ducey (239) 330-6870 [media@whitesandstreatment.com](mailto:media@whitesandstreatment.com) 2800 Davis Blvd Suite 210 Naples, FL 34104

## **WhiteSands Treatment Center - Naples**

*WhiteSands Treatment Center in Naples Florida offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.*

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