



Palm Harbor Alcohol Rehab Program Offers Freedom From Addiction

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WhiteSands Treatment Center - Palm Harbor, one of WhiteSands' drug and alcohol rehabilitation facilities in Palm Harbor, FL, is happy to offer its services to patients with addiction problems. The company helps those with drug and alcohol addiction issues to get help and back on the road to recovery. The Palm Harbor treatment center, situated at 36472 US-19, is extremely proud to help its patients recover from addiction.

WhiteSands of Palm Harbor helps end the fight with drug and alcohol addiction for its patients. Alcohol is one of the few substances that can cause fatal symptoms if not treated professionally. Alcohol rehab can help patients with their addiction. Drug use can result in cancer, lung disease, and stroke, etc. WhiteSands' CEO, Garry Jonas, said, "From Day 1 at WhiteSands Treatment, our focus has been to deliver superior clinical and medical care, a relaxing resort-style environment which fosters recovery, and a highly qualified staff which genuinely cares about helping patients get back to leading healthy, productive lives." Families and patients can learn more about the center's recovery services by calling (727) 485-0209.

Palm Harbor's inpatient rehab program is ideal for patients who have been through an inpatient medical detox process, or for whom such a detox was deemed unnecessary. The center may choose to administer drugs

that reduce the cravings associated with abstaining from substance abuse. They can offer psychological treatments, such as cognitive behavioral therapy, which helps patients better understand why they developed a problem in the first place. And there are family programs that are geared toward mending damaged relationships, healing bonds and teaching loved ones about the highly complex nature of addiction. The outpatient program provides alcohol and drug treatment sessions for those who prefer to keep their privacy or who have just finished an intensive rehab program and need to follow up. Patients are still in control of their lives while they receive treatment. The professional team of board-certified doctors, educators, nurses, psychiatrists, and counselors will monitor a patient's progress so the treatment will be continually customized as necessary. Benefits of intensive outpatient treatment include the matter of cost since living in a drug treatment center during an inpatient program is more expensive than an outpatient program. Once a patient is ready to leave the outpatient program behind, the staff of WhiteSands of Palm Harbor - Drug & Alcohol Treatment Center will help find support groups and a therapist.

Drug addiction is increasing according to Quest Diagnostics, one of the nation's leading providers of employee drug testing when they reported that in September of 2015 the percentage of employees testing positive for drugs had reached a 10-year high. In 2014, the National Institute on Drug Abuse reported that the number of Americans over the age of 12, who had used an illicit drug during the last month, increased from 8.3 percent in 2002. The 2015 National Survey on Drug Use and Health revealed that in that year, over 15 million adults were being affected by alcohol use disorder. WhiteSands' alcohol rehabilitation includes behavioral therapy, a cornerstone of alcohol addiction treatment. Some people may also require a medication-assisted approach to treatment.

The Palm Harbor drug rehab treatment works to remedy a user's substance abuse problem through proven techniques. These include treatment programs and plans which are tailored to each unique case. Some treatments that are used for substance use disorders are 12-step fellowship, intensive outpatient treatment and inpatient/residential treatment. An addict seeking treatment will not have to go through all of these programs. Typically, though, all patients will go through medically-assisted detox. Addiction treatment programs can last anywhere from 30-days to 90-days. Joe Ducey, vice president of operations at WhiteSands adds, "It also takes your discipline, a positive mindset, and commitment in order to obtain successful results."

Families and individuals can get additional information on the company's drug and alcohol recovery services by visiting their website at whitesandstreatment.com. Alternatively, they can call Joe Ducey at the company's treatment center in Palm Harbor, FL.

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For more information about WhiteSands Treatment Center - Palm Harbor, contact the company here: WhiteSands Treatment Center - Palm Harbor Joe Ducey (727) 485-0209 media@whitesandstreatment.com 36472 US-19 Palm Harbor, FL 34683

WhiteSands Treatment Center - Palm Harbor

WhiteSands Treatment Center In Palm Harbor Florida offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

Website: <https://whitesandtreatment.com/locations/florida/palm-harbor/>

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