



## **WhiteSands Clearwater Drug Rehab Center Publishes Article On Rehab For Veterans**

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WhiteSands Treatment Center, a drug rehabilitation center based in with multiple locations around Florida, is proud to announce that they have published an article detailing drug addiction treatment for veterans. They would also like to report that their Clearwater Drug rehab center caters to any addict?s every need in the course of treating them. With both inpatient and outpatient treatments available, they are well equipped to help an addict overcome their addiction and get their life back on track and urge any veteran dealing with addiction issues to contact them.

When contacted about their publishing of the article on veterans and their addiction issues, Joe Ducey, a representative for the company said, ?There are a lot of people in America today who are suffering from an addiction or related issue and they need help. It?s a more common problem than you realize and many people are affected by it. Take veterans for example. They are expected to be brave and strong and stand up to anything that comes their way in life but the truth is, they too are humans like us. Whether it starts during active duty or afterward, a lot of veterans in today?s America are addicted to something or another. With the WhiteSands Treatment Center, at all our locations, we try to provide these people the help they need so that they can get back control of their lives before the addiction takes it all. We just want to help all these people.?

Joe Ducey's statements ring true. Veterans are expected to be able to handle a great deal of stress and survive trauma, but the fact remains that stress and trauma are significant contributors to substance abuse and addiction. Veterans have a higher rate of substance abuse than the general population. According to statistics from the Health-Related Behavior Survey of Active Duty Service Members, 84.5 percent of active-duty military personnel currently drank in 2011 and 11.3 of them were considered high-problem drinkers. To compare, the national average is around 7.2 percent. Additionally, between 2001 and 2009, the number of opioid painkiller prescriptions written by military doctors quadrupled ? a clear indicator of a high rate of opioid abuse and addiction in the military.

Military personnel are often under a lot of stress and in such a situation, they can turn to drugs and alcohol to produce a feeling of calm and wellbeing, even if it is artificial. Soldiers deployed in a combat zone are especially susceptible to intense, chronic stress and the repeated exposure to extremely violent situations can cause a variety of mental illnesses, including anxiety, depression and PTSD (post-traumatic stress disorder). Soldiers who get addicted to drugs or alcohol during their active-duty period continue their addiction after they leave, as well. Alcohol and drug addiction rehab for veterans is a particularly sensitive matter that needs to take into account the multiple complex problems that veterans may experience.

When asked about his experience with addiction and recovery, Martin Waller, a client of WhiteSands? said, ?When I got back to the US, I was in bad shape. The drugs were an easy way to escape the nightmares and I got too involved and it was about the worst time in my life. I almost lost my wife, but just like any addict, I was stubborn, thinking I still had control of my life. I only came to WhiteSands when my wife laid down an ultimatum, and even that I did reluctantly. But there? Well, I am the man I am today, with a kid on the way, because WhiteSands helped me. They helped me see what the drugs were doing to me and the people I loved. The help I was received was remarkable and the staff invested their time into making sure I was alright.?

On the treatment of veterans, Joe Ducey said, ?WhiteSands doesn?t have a specialized treatment for veterans, but we don?t have to. We take every individual separately and tailor a treatment program to fit their needs. Veterans receive care that is suitable for them.?

The WhiteSands Treatment center website has detailed explanations of all the services they provide, in addition to testimonials from former clients. Whether veteran or otherwise, those who want to overcome their addiction and need the assistance of WhiteSands of Clearwater - Drug & Alcohol Treatment Center should not hesitate to get in touch with them.

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For more information about WhiteSands Treatment Center - Clearwater, contact the company here: [WhiteSands Treatment Center - ClearwaterJoe Duceymedia@whitesandstreatment.com](mailto:WhiteSands Treatment Center - ClearwaterJoe Duceymedia@whitesandstreatment.com) 1932 Drew

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## **WhiteSands Treatment Center - Clearwater**

*WhiteSands Treatment Center in Clearwater Florida offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.*

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