



WhiteSands Sarasota Publishes Information On Principles Of Top Drug Rehab Centers

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WhiteSands Treatment Center, a Florida based drug rehabilitation center, is proud to announce that they have published an article detailing the principles that top rehab centers should follow. They would also like to announce that their Sarasota drug rehab branch is offering various kinds of treatments, both outpatient and inpatient for addicts looking to move past their addiction.

Part of a research-based guide published by the National Institute on Drug Abuse, there are 13 research-based truths that are part of Principles of Effective Treatment and guide a high-quality addiction treatment program. WhiteSands? has recently published a web page detailing six of these essential truths that should guide treatment for addiction.

When asked about the article they?ve published and the principles, Joe Ducey, a representative of the WhiteSands Treatment Center said, ?There are several principles that drug rehab centers should follow and these principles are an essential part of our foundation itself. It is well-known truth that addiction can completely mess up your life and wreck your health and relationships. It only gets worse with times and ending any kind of addiction is a long-term project. It?s hard and it?s very involved, but the NIDA ? that?s the

National Institute on Drug Abuse ? has published a guideline that the best rehab centers follow to help you quit for good. Everyone at WhiteSands is instructed on these principles and have them in mind when they work with the people they help.?

Some of these guidelines included in the WhiteSands website include ?Addiction is a complex but treatable disease that affects brain function and behavior?, ?No single treatment is appropriate for everyone? and ?Many drug-addicted individuals also have other mental disorders.? While the WhiteSands webpage has three more principles and provides an explanation for each principle, the NIDA website lists out all thirteen. By not only knowing and using these principles, but also publicizing them for everyone?s benefit WhiteSands Treatment Centers shows an understanding of the best way to treat addicts.

When contacted about their facilities and the treatments they provide, Joe Ducey said, ?People turn to drugs or alcohol for various different reasons and they become addicted to it. It?s an epidemic in America now, and the addicts need help. At the WhiteSands Treatment Center, we try to provide the best help these people need. We have the best doctors, therapists and mental health specialists. There are many components to treating addiction and we are fully equipped to deal with it.?

When asked about his experience with WhiteSands of Sarasota - Drug & Alcohol Treatment Center, Peter Todd, a former addict, said, ?I went through some really tough times in my early teens and got in with a bad crowd, you know how it is. I got hooked on opioids and suffered a lot myself and caused suffering my family. I only actually got my head on straight and decided to commit to fixing my life recently and chose WhiteSands? drug rehab program, because I also wanted to continue my studies. Now, I am in a much better place than I started. At every low point, the WhiteSands team was there for me. They made sure I didn?t relapse and they got me to where I am now. I am very thankful for them.?

In addition to their Sarasota location, WhiteSands Treatment Center has multiple branches. Two inpatient locations at Fort Meyers and Tampa. WhiteSands also has multiple outpatient centers, in places including but not limited to Palm Bay, St Petersburg, Spring Hill, Temple Terrace, Deland, Orlando and more. Their widespread availability allows them to help addicts around Florida shed their life-wrecking drug habits and get their lives back on track. As a final statement, Joe Ducey added, ?Please, don?t wait till it?s too late. If you or a loved one has any issues with addiction, contact us. We know what we?re doing and want just to help you.?

Along with video testimonials from former clients who have risen over their addictions, more information about the WhiteSands Treatment Center and its outpatient drug rehab services can be found on its website. Those who need the assistance of WhiteSands of Sarasota - Drug & Alcohol Treatment to overcome their own addictions should not hesitate to get in touch with them.

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For more information about WhiteSands Treatment Center - Sarasota, contact the company here: WhiteSands Treatment Center - Sarasota Joe Ducey (941) 960-7405 media@whitesandtreatment.com 7632 Lockwood Ridge Rd Sarasota, FL 34243

WhiteSands Treatment Center - Sarasota

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