

# Holistic Dentistry Education Series In Utah for 2018 Is Now Complete

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Dr. Judson Wall, dentist at Dental Solutions Inc., based in Bountiful, UT, has recently completed session 7, which is the final session of his Holistic Dental Education Series. Session 6 had focused on NightLase as an effective sleep apnea treatment. He also announced that there were 8 graduates from the Holistic Dental Education Series 2018. There were more than 50 attendees of the series throughout the year 2018 and the 8 graduates were the ones who attended all sessions. The dentist also announced that the dates have already been set for the 2019 series and hopes to have a similar attendance.

The dentist says, "We are happy to announce the completion of our Holistic Dental Education Series for 2018. Congratulations to the graduates! We believe that they are now equipped with the knowledge to offer holistic dentistry. And those who were not able to make it need not worry because we have already set the dates for the Holistic Dental Education Series for 2019. We hope to see more attendees so that we can all contribute to a better way of serving our patients."

Session 7 of the Holistic Dental Education Series covered various topics. These include the conservative treatment of dental decay, including using Ribbond for large restorations; how digestion and nutrition can affect the incidence and severity of tooth decay; the process of digestion; the value of balanced glycemia for good oral health; the use of lasers in restorative dentistry; the use of ozone in restorative dentistry; the dangers of oral galvanism; how to keep teeth alive after deep decay has entered the pulp chamber; how to take a digital impression and design restorations with the help of CAD/CAM technology; the use of Tscan to balance the occlusal forces; how to use 3D printing technology in restorative dentistry; and case studies that highlight all of the discussed items.

One of the treatments that Dental Solutions would like to emphasize is ozone treatment for dental restoration. In this particular type of treatment, ozone therapy is used to disinfect tissues to help them regenerate. Ozone is a negatively charged particle that can neutralize anything with a positive charge, such as bacteria, fungi, and viruses. The negatively-charged ozone seeks the microbes and kills them, thus disinfecting the area. It should be noted that ozone has been found to be 8,000 times more bactericidal than chlorine.

Meanwhile, ozone therapy has other uses in dentistry. These include the treatment of cavitations, treatment for periodontal disease, treatment for tooth decay, rehabilitation of the temporomandibular joints (TMJ), oral hygiene, treatment of mouth sores, and root canals.

Another advanced dental treatment being offered by Dental Solutions is NightLase therapy. This is a patient-friendly laser treatment that restructures collagen. As a result of the renaturing of collagen, the airway becomes bigger, which helps patients with snoring and sleep apnea. Studies have shown that NightLase was able to decrease snoring by 74 percent and is a non-invasive and effective treatment for mild to moderate obstructive sleep apnea.

In holistic dentistry, various approaches are used in boosting dental health. These include the evaluation of nutritional deficiencies, determining whether there are toxic materials in the mouth, assessing the areas of decay and infection, enhancing digestion, evaluation of functional abnormalities such as sleep apnea and TMJ disorder, dental restoration with mercury-free dentistry, replacement of lost teeth with non-metal implants, and supporting the body with essential oils and massage therapy.

Dr. Wall has been providing dentistry services for more than 15 years. He graduated from the University of Utah and obtained his Doctor of Dental Surgery from the West Virginia University School of Dentistry. His accomplishments include a Fellowship with the American Academy of Craniofacial Pain, Accreditation by the International Academy of Oral Medicine and Toxicology, a Fellowship with the Academy of General Dentistry, and an Associate Fellowship with the World Clinical Laser Institute.

Those who want to know more about holistic dentistry or want to schedule a consultation can visit their website or call them by phone.

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### **Dental Solutions, Inc.**

*At Dental Solutions, Inc., we have a "whole health" approach to dentistry. Our main objective is to help you feel better through our integrated use of dental medicine and our holistic approach to treatment.*

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