



Sleep Arizona Reveals The Ugly Truth About Your Mattress

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Sleep Arizona, a mattress company in Peoria, AZ, has recently revealed new findings about what can be found in old mattresses with the aim of warning people that they could be putting their health at risk. People often don't replace their mattresses until they are totally worn, mainly because a mattress is a very expensive item. Sleep Arizona wants to warn people about this, as they could be exposing themselves to all kinds of illnesses, viruses and bacteria. Furthermore, people can visit <http://sleepazmattress.com/> to find affordable, high quality new mattresses.

James Janni from Sleep Arizona explains, "Most of us know that we should wash our sheets regularly, even though research has shown that many of us don't do so often enough. Few of us realize however, that the same problems exist in our mattresses. We have been shocked at the results from our recent study in terms of what is actually in an old mattress."

One of the most significant things found in the study have to do with dust mites. Most people have heard of these mites, particularly because many people are also allergic to them. What people seem to forget, however, is that dust mites are living creatures and all living creatures have excrement. In reality, sheets,

pillows and mattresses are covered in them. This was concurred by research by the entomology department of Ohio State University, which found that 10% of a pillow that is just two years old is made up of dust mite and dust mite excrement.

As people are developing more and more allergies, Sleep Arizona has also used the results from their research to impart some advice to their customers. The official recommendation, therefore, is to change a mattress every seven years. Customers are encouraged to visit the store at <https://plus.google.com/+Sleepazmattress/about> to see what kinds of mattresses are available and change their mattresses as soon as possible.

The second piece of advice is to ensure the mattress chosen has hypoallergenic properties. This means it is a less hospitable place for dust mites and other allergens. Most importantly, as can be seen on www.youtube.com/watch?v=N1_nhxRuiNQ, Sleep Arizona has made their mattresses highly affordable, so that nobody has to sleep in dust mite excrement ever again.

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For more information about Sleep Arizona, contact the company here: Sleep Arizona James Janni (623) 251-5330 info@sleepazmattress.com 9299 W Olive Ave #412 Peoria, AZ 85345?

Sleep Arizona

during the 4 of july weekend the company they will sale the box spring and the bed frame for 1 dollar each with the purchase of a mattress at time of purchase.

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