Beverly Hills Chiropractic Services Now Providing Chiropractic Care Focused on the Special Needs of Athletes

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A Beverly Hills chiropractic health center has announced that they now have chiropractic therapy that focuses on the special needs of professional athletes. The staff at Active Body Chiro-Care feels that this slightly different chiropractic approach will really help their athlete patients recover faster from injuries and feel better for longer periods of time.

Dr. James Hogan, the lead board-certified chiropractic physician at the facility, stated he has been practicing chiropractic medicine for many years now. Over that time he has treated many athletes with more traditional chiropractic techniques. Once it came to his attention that there were specific chiropractic methods aimed at treating athletes, he decided to attain the knowledge that was necessary for him to offer these advanced chiropractic treatments for athletes? right at his clinic. Now that this new chiropractic therapy for athletes has been put in place, he is now a leading Chiropractor for pro athletes in Los Angeles and throughout the Southern California area.

Dr. Hogan explained how their active type of chiropractic therapy is slightly different than normal chiropractic

therapy. He says, ?We have learned that it takes a special approach to help athletes with back pain, shoulder pain, and other musculoskeletal injuries. Many times athletes who treat themselves only target the inflammation that is causing them pain. Our active chiropractic treatment is not only aimed at reducing inflammation, but it also treats the root problem of the inflammation so an athlete can heal quicker from their injuries and it helps prevent the injury from recurring too. That?s why so many pro athletes take time out of their busy schedules to visit our clinic.?

Dr. Hogan not only helps pro athletes in the greater Los Angeles area with this new active chiropractic therapy, but he also helps all people that have very active lifestyles with their injuries and pain. There are many amateur athletes and other extremely active individuals with injuries who seek out their sports orientated chiropractic services too.

The clinic also offers their regular and sports chiropractic care in combination with a newer holistic style chiropractic approach too. Active Body Chiro-Care feels that this new approach will provide their patients with a more well-rounded path to feeling better. They have closely watched how other clinics across the country have used overall wellness therapy with good success and they believe it?s a perfect fit for their chiropractic health center too.

Dr. James Hogan had this to say about their integrated approach to chiropractic care. He says, ?Here at Active Body Chiro-Care we like to combine our traditional chiropractic therapy or sports-oriented chiropractic therapy with a holistic healing approach too. It goes well beyond more traditional chiropractic relief because it also puts an emphasis on overall health and wellness. We understand that there is more to health and wholeness than just medications and other types of medical intervention. That includes such things as eating right and gaining balance in mind, body, and spirit. When this holistic emphasis is combined with proper alignment of the body's musculoskeletal structure, it can be very beneficial to a patient and improve how they feel overall. We find it is the most non-invasive way to try and help those who come to see us for care. Our 'whole person? approach to healing not only treats the symptoms our patients have but it also looks to treat the underlying causes of the problem. We then do whatever chiropractic interventions are necessary to treat the problem and also advise the patient as to what lifestyle adjustments would benefit them too. This seems to help our patients both accelerate their healing and maintain good health once it's been achieved.?

Their website has a lot of different information that can be found on it. A person can read more about the services Active Body Chiro-Care offers, see their patients? testimonials, and check office hours at their Beverly Hills and other satellite locations. Also found on their Beverly Hills chiropractic services website is a link to request a free consultation or schedule an appointment. There is even another link to click on where one can sign up to receive their informational newsletters by email.

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For more information about Active Body Chiro-Care, contact the company here:Active Body Chiro-CareDr.

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Active Body Chiro-Care

Dr. James Hogan is a licensed Chiropractor serving the West Hollywood, Santa Monica, Los Angeles, Beverly Hills and Hawthorne community. Dr. James Hogan works with patients of all ages and physical abilities, including professional athletes.

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