

Swiss Quality Smile Now Provides Certified Sleep Apnea Treatment In West Los Angeles

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California based Swiss Quality Smile is pleased to announce that they are now professionally certified to provide sleep apnea treatment in West Los Angeles and the surrounding areas.

?We are pleased to announce that Swiss Quality Smile Dentistry is now fully certified and equipped with the modern technology and expertise to treat sleep apnea patients in California,? said Dr. Ilona Casellini, DMD, of Swiss Quality Smile. ?Our comprehensive treatment program starts with a thorough evaluation to determine the risk factors that are associated with the disorder. Once the assessment is done, patients will then undergo a sleep test to measure their heart rate, blood oxygen level, overall airflow, and breathing patterns. From there, we will choose from a number of specialized and effective treatment options that will best address sleep apnea and any other medical condition that comes with it.?

According to WebMD, an online medical resource platform, sleep apnea is a serious disorder that occurs when a person's breathing is interrupted during sleep. People who are diagnosed with the condition repeatedly stop breathing, sometimes hundreds of times, while asleep because the flow of oxygen to the brain and the rest of the body is limited. If left untreated, it can result in a number of serious medical

problems, including high blood pressure, stroke, heart failure, irregular heartbeat, heart attack, diabetes, depression, worsening of ADHD, severe headache, and even death.

There are three basic types of sleep apnea. The first one is the most common, and is referred to as obstructive sleep apnea. It happens when throat muscles relax and the airways narrow or close down as the person breathes in. It restricts overall airflow and significantly reduces the oxygen level in the blood. The brain then senses the body?s inability to breathe and rouses the person from sleep to reopen the airways. The process can happen anywhere between 5 to 30 times an hour each night and impairs the overall quality of sleep. The second type is known as central sleep apnea, which occurs when the brain does not send the proper signals to the muscles that control breathing. This condition is less common, but poses a more significant health risk as the person may suffer from the inability to sleep, or stay asleep, due to oxygen deficiency. In some rare cases, the third type, known as complex sleep apnea, occurs when a person experiences both obstructive and central sleep apneas.

According to Dr. Casellini, there are a number of signs and symptoms that can help to determine if someone is suffering from any form of sleep apnea. These include loud snoring, gasping for air during sleep, awakening with a dry mouth, morning headache, insomnia, hypersomnia, difficulty paying attention while awake, and irritability. A number of medical studies also show that older males are more susceptible to the disorder. Some major factors that contribute to the risk of sleep apnea include obesity and being overweight, smoking, use of alcohol, sedatives and tranquilizers, and nasal congestion due to chronic allergies.

Those looking for a sleep apnea clinic in Westwood Village and the surrounding areas may consider Swiss Quality Smile. In addition to providing effective treatments for sleep apnea with the use of oral appliances, they also use a Continuous Positive Airway Pressure (CPAP) machine that assists with the delivery of adequate air pressure and keeps the upper airway passages open, preventing sleep apnea and snoring. Furthermore, they also provide all-in-one specialist and cosmetic dental services to the local community.

Jason Stone said in a Google review that, ?I?ve had an amazing experience with Swiss Quality Smile and Dr. Casellini. From the professionalism and kindness of the staff, to the technical competence and artistry of the on-site implant creators and dentists, I cannot speak highly enough of the quality of their services. Heartily recommended.?

More information about Swiss Quality Smile can be found on their website. Aside from diagnosis and treatment of sleep apnea, they also offer a variety of dental services and solutions, including Invisalign Orthodontics, Zoom teeth whitening, dental implants, crowns and bridges, Swiss quality veneers, tooth-colored fillings, dentures, Periodontal procedures, and more. Interested parties may also connect with them through their official social media accounts on Facebook, Twitter, Instagram, and YouTube to learn more about their latest news and important announcements.

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For more information about Swiss Quality Smile, contact the company here:Swiss Quality SmileDr. Ilona Casellini, DMD(310) 208-3125office@swissqualitysmile.com10921 Wilshire Blvd., Suite 1013Los Angeles, CA 90024

Swiss Quality Smile

Swiss Quality Smile, located in West Los Angeles near Westwood Village provides some of the latest advances in comprehensive cosmetic dentistry. Dr. Ilona Casellini is a 4th generation dental professional.

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