



Austin Pain Clinic Describes Link Between Low Back Pain And Vitamin D Deficiency

July 13, 2015

July 13, 2015 - PRESSADVANTAGE -

Capitol Pain Institute, a pain clinic in Austin, TX, recently released new information that shows there is a strong correlation between vitamin D deficiency and various types of pain. These include musculoskeletal and chronic pain, headaches and autoimmune disorders. Various studies have actually demonstrated this link. Capitol Pain Institute wishes to address this issue and help their patients live pain-free lives.

Dr. Matthew Schocket from Capitol Pain Institute said: "When you have any kind of pain, it can take over your life. If your pain is chronic, it can lead to even more serious issues. We make it our mission to get to the root of the problem so you can move past the pain, and what we have found is that a vitamin D deficiency may just be the root of the problem."

What research has demonstrated is that the concentration of vitamin D possibly relates to how inflammatory cytokines are released in rheumatoid arthritis. Additionally, it decreases how sensitive the nerve fibers in the muscles are, which is directly related to musculoskeletal pain. One study showed that those who took a vitamin D supplementation in a high dose saw their pain levels drop significantly. What this means is that vitamin D plays an important role in the mechanisms and pathways of pain. Unsurprisingly, one of Dr.

Schocket's tips on back pain relief is to spend more time in the sun.

Dr. Schocket is perhaps best known for his stem cell treatment for low back pain, which has been very positively received by many of his patients. "I had seven injections into my lower back," says one patient. "I had my procedure done on a Wednesday and returned to work on Monday. I didn't see full results from my therapy until the four week mark, but at that point, I was truly amazed. I returned to all of my activities and I cannot be happier with my results."

Stem cell therapy is a tried and tested method that has provided many people with relief. Dr. Schocket now includes taking vitamin D supplements as a standard part of his aftercare therapy package.

###

For more information about Capitol Pain Institute, contact the company here: Capitol Pain Institute Dr. Matthew Schocket 512-467-7246 drschocket@capitolpain.com 8015 Shoal Creek Blvd #103 Austin, TX 78757

Capitol Pain Institute

Capitol Pain Institute is an innovative and progressive pain clinic, to provide expert acute and chronic pain management for Austin, TX and it's surrounding communities, including Round Rock, Georgetown, Leander, Cedar Park, Bastrop, Kyle, and Buda.

Website: <http://capitolpain.com/>

Email: drschocket@capitolpain.com

Phone: 512-467-7246

