



## **Newport Beach Plastic Surgeon Brings Out Clients? Inner Beauty**

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Dr. Aaron Kosins MD is a Newport Beach based plastic surgeon who prides himself on being ?on the cutting edge of Plastic Surgery techniques and principles.? His practice offers a number of procedures, all handled with the utmost care by an experienced and world-renowned professional.

With a dual Medical Degree and Masters in Business Administration in Entrepreneurship completed at the University of California, Irvine School of Medicine, and Paul Merage School of Business respectively, Kosins has worked to develop technology in the field of basic sciences. His work has been published alongside renowned visionaries in the fields of nerve regeneration, stem cell technology, microsurgery, facial aging, and rhinoplasty. The doctor?s articles can be found in the Journal of Plastic and Reconstructive Surgery along with the Canadian Journal of Plastic Surgery.

Dr. Kosins has been invited to present his work at the Plastic Surgery Research Council, the American Society of Peripheral Nerve, the California Society of Plastic Surgeons, and the Rhinoplasty Society meeting, held annually. He worked for several years in finance with biotechnology companies before returning to the University of California to complete a prestigious Integrated Plastic Surgery program. Kosins continues to use

his extensive knowledge and training to bring the most advanced techniques and technology to his Newport Beach clients. He is also Board Certified by the American Board of Plastic Surgery.

The Newport Beach plastic surgeon practices a number of procedures, helping clients with a number of issues. Rhinoplasty, commonly known as a "nose job" is one of Kosins' passions. "Since my first years in training, I have had a true passion for Rhinoplasty in Newport Beach," said Kosins. "This began with my first book chapter on nasal reconstruction, and has continued with my publications and presentations about the nasal tip, the relationship between the brows and nose, and the embryology of nasal shape and structure. I was very fortunate to have been mentored by some of the most famous and talented rhinoplasty surgeons in the world. My apprenticeship included reading their books, directly assisting in over 100 cases, doing my own cases, and constant re-evaluation of my results. I will continue to be a student of rhinoplasty throughout my career, and strive to give back to the specialty through my ongoing research, presentations and publications."

Facial aging and rejuvenation is another of Kosins' specialities. "A very large portion of my time is dedicated to my facial aging practice. Unlike many other areas of the body, maintenance of the aging face is a continuum that links me and my patients over time," Kosins asserted. "People's faces change due to a number of factors over time, including gravity, atrophy of facial fat, and sun exposure along with tobacco use and oxidation reactions that happen over a lifetime."

Kosins works to help aging patients find solutions, even when the appearance they want to achieve doesn't involve surgery. "I want to understand your wishes, to discuss what we can achieve, and to design procedures that will meet your needs and wants," explained Kosins. "One of my great mentors used to explain that aging is not always a problem that requires a surgical solution. Not all patients benefit from surgery. For this reason, I have dedicated time not only to understanding plastic surgery of the face, but also fat transfer and non-surgical solutions as well."

One of the non-surgical solutions Kosins offers is Botox. Fillers and Botox are one of the fastest growing parts of Kosins' practice. The doctor can, for the right patient, enhance or correct wrinkles, lips, brows and eyelids, and blend facial units. The results are immediate, and patients can direct their alterations in real time.

Kosins also offers liposuction and liposculpture to enhance cosmetic features. Liposuction is used to contour and shape a body. This procedure works in conjunction with Kosins' breast surgery and body contouring procedures. Regarding breast surgery, Kosins stated that, "While surgery and techniques can be taught to anyone during their surgical training, I am not sure that the concept of a pretty looking breast can. It has been my experience that different women have very different ideas of what they would like their breasts to look like after surgery." The surgeon has a commitment to achieving the body type his patients admire most. Body contouring is a cosmetic procedure used to remove excess skin and fat.

Those looking for a reputable plastic surgeon may contact Dr. Aaron Kosins MD. More information regarding his practice can be found at <http://aaronkosinsmd.com/>.

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## **Aaron Kosins MD**

*If you're in the market for surgical cosmetic enhancements like plastic surgery in Orange County & all other plastic surgery in Newport beach & Orange County then Dr. Aaron Kosins, a well known name for plastic surgery in Irvine is the doctor for you.*

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