



## **Anchorage AK Dentist Offers Advice To Patients With Tooth Pain**

*February 25, 2019*

February 25, 2019 - PRESSADVANTAGE -

Dr. Terry J. Preece, a dentist in Anchorage, Alaska, recently offered tips to patients for dealing with tooth pain. The dentist Anchorage AK states that not all tooth pain is the sign of something serious, and offered tips and advice on his website for those who are suffering with minor pain and discomfort.

“Tooth pain can certainly signal a serious dental condition,” says Dr. Preece. “However, this is not always the case. Sometimes the tooth pain could be something as minor as a piece of food caught in between the teeth. We always recommend that patients contact us if they are dealing with tooth pain, particularly if over the counter pain medications or home remedies are not working.”

Dr. Preece states that there are a few things that patients can do at home to help alleviate their tooth pain, even if they have scheduled an appointment and are waiting to see a dentist. He says that home remedies are typically safe and do not contain any harmful chemical agents that can be found in many over the counter tooth pain medications. In his advice article, he states that patients who have been dealing with tooth pain for a prolonged period of time should contact his office so that the proper testing can be done to see what is causing the pain.

?Even if the patient feels that it is nothing serious, living with pain for more than just a day or so means that it is time to seek professional dental assistance,? says Dr. Preece.

The dentist, who runs Healthy Smiles Dental in Anchorage states that a toothache could signal an underlying issue such as a cavity, an abscess, a crack in the tooth or other dental conditions. He states that any patient who is experiencing pain that lasts longer than a day or so should definitely contact his office for a consultation, particularly if the pain is accompanied by fever, as this could signal a serious infection in the teeth or gums.

Aside from contacting a dentist, Dr. Preece says that patients can try any number of safe home remedies to deal with their tooth pain. He says that often, rinsing the mouth with warm salt water can help. Patients can mix up warm salt water at home and rinse, focusing on the area where the pain seems to be the most prominent.

Dr. Preece says that there have been many patients who have found relief with cloves or clove oil, which is also a natural remedy. Clove oil can be purchased through most pharmacies, typically over the counter, or the patient can use whole cloves that are ground up and placed in a cheesecloth or similar cloth. This is applied to the tooth and often helps to relieve pain from a number of dental issues. Clove treatments have been used for centuries for dealing with tooth and gum pain.

Dr. Preece states that his advice is meant to help patients to deal with their pain until they get an appointment with a dentist. He states that anyone who has regular pain, pain that comes and goes over a prolonged period of time, or who has pain that is not eliminated or relieved by any type of treatment should contact his office as soon as possible. The dentist states that tooth pain is not something to be ignored as it can in some cases be signaling a very serious dental concern.

Those who are interested in learning more about Dr. Preece or his advice to his patients can visit him online at <https://www.anchoragehealthysmiles.com/>. Dr. Preece has been providing dental care since graduating from the University of Washington School of Dentistry in 1980. Those in need of a dental appointment will find contact information, including phone, email and an online form, on the dentist?s website, as well as information to help new patients to prepare for their first appointment with Dr. Preece and his staff.

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For more information about Healthy Smiles Dental, contact the company here:Healthy Smiles DentalDr. Terry J. Preece907-341-3139info@anchoragehealthysmiles.com12501 Old Seward Hwy Suite CAnchorage, AK 99515

## Healthy Smiles Dental

*At Healthy Smiles Dental, we recognize that dentistry is an art and a science. Our goal is to provide our guests with the smiling, healthy confidence they seek at the greatest level of comfort possible.*

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