



## Highland Park IL Dentist Discusses Impact Of Poor Dental Hygiene

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Dr. Steven Kacel, a prominent Highland Park IL Dentist, recently spoke out about dental care and the patients who neglect their dental health. Dr. Kacel states that aside from teeth and gums that can be embarrassing for patients, those who neglect their dental health could face serious life long health issues.

"Abscessed teeth can lead to serious health concerns," says Dr. Kacel. "Studies have conclusively proven that poor dental hygiene can lead to things like heart disease and other conditions that patients could very well avoid if they simply took better care of their teeth and gums."

The Mayo Clinic reports that there are a number of general health diseases that can be caused by poor oral hygiene. These include endocarditis and heart disease. In addition, pregnant women who neglect their oral hygiene run the risk of giving birth to babies prematurely and with low birth weights. Certain health conditions can also affect oral health. These include diabetes, HIV, osteoporosis and Alzheimer's disease.

"Anyone who has general health issues particularly should pay strict attention to their oral health," says Dr. Kacel. "We treat all patients at our Northbrook dentist office, including those who have certain health issues

that may put them at a higher risk for poor oral health. Our goal is to ensure that our patients enjoy beautiful smiles but more importantly, good overall health and this includes healthy teeth and gums.

He states that a regular dental checkup is vital in ensuring the health of a patient's teeth and gums. Regular checkups allow the dentist to look for cavities or abscesses which could lead to other health issues. Eliminating these issues is vital in keeping the patient healthy.

Dr. Kacel states that he and his team use the latest in technology to care for their patients. This includes state-of-the-art equipment and training for staff members to help them to provide the utmost in care for dental patients. The dentist states that those who have not yet had their annual dental checkup should contact the office soon to schedule the appointment, as this can be paramount to ensuring that the patient enjoys not only good oral health but good general health, as well.

Dr. Steven Kacel, D.D.S, M.A.G.D, F.A.D. has more than three decades of experience in caring for dental patients in the area. He says that his practice currently keeps up with all of the latest in technology in order to provide the best in dental care from their Northbrook office. Dr. Kacel has experience in diagnosing and treating all dental health issues, and says that his office provides a full suite of dental procedures, from regular cleanings and x-rays to tooth restorations, in order to meet the specific needs of their patients.

The dentist states that everyone deserves good oral health and says that he and his staff are dedicated to providing the best in services to all of their patients. Those who are interested in learning more can visit the dentist online at <https://northbrookdentistoffice.com/> for more detailed information about the range of dental services that they provide.

Dr. Kacel says that patients are welcome to contact the office at any time during their normal office hours to schedule an appointment. He says that new patients can learn more about what is needed and what to expect from their first appointment on the practice's website. The website also offers reviews from other patients on a number of services that they received, as well as payment and insurance information for new patients.

The dentist states that oral health should be just as important to patients as their general health, because the two go together. He urges those who have not had a dental checkup in some time to contact the office to schedule an appointment. Contact information for reaching the dentist by phone or email, as well as an online contact form, can be found on the website for the Northbrook dental practice.

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For more information about Northbrook Dentist Office , contact the company here:Northbrook Dentist Office  
Dr. Steven Kacel (847) 457-0400northbrookdentist@gmail.com1535 Lake Cook Rd Suite 107Northbrook, IL  
60062

## Northbrook Dentist Office

*Our Northbrook dental facility is state of the art, providing high level services to individuals of all means. Dr. Kacel D.D.S., M.A.G.D., F.A.D.I, is a specialized dental provider and has been serving patients throughout the community for 33 years.*

Website: <http://northbrookdentistoffice.com/>

Email: [northbrookdentist@gmail.com](mailto:northbrookdentist@gmail.com)

Phone: (847) 457-0400

Steven N.  
**Kacel D.D.S. P.C.**  
cosmetic & Reconstructive Dentistry

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