

Miami Florida Alcohol Crisis in the US Can no Longer Be Ignored, Data Shows

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Alcohol is still the third leading preventable cause of death in the United States, despite being overshadowed by the opioid epidemic. Based on 2013 to 2017 data, it appears that New Mexico, Montana, Wyoming, and Oregon have the most alcohol-related deaths in the country.

Unfortunately, when it comes to abuse-related death in Miami, most discussions fail to address alcoholism and the effects of alcohol use disorder.

Alcohol, classified as a depressant, should be included when talking about substance abuse, especially considering that the amount consumed and type of alcohol can determine the outcome. Individuals must now adopt a new mindset if they wish to address the root cause of alcohol abuse.

The fact that it is often forgotten doesn?t change the fact that alcohol abuse is very dangerous. It has a significant impact on the mind, the body, and other aspects of a person?s life?including their career, their relationships, and their finances. The shocking statistics of abuse-related death only point towards the fact that the alcohol crisis can no longer be ignored.

The devastating effects of alcohol abuse in Miami are amplified when people use it in conjunction with other habit-forming substances. The combination of alcohol and drugs often leads to fatal overdoses. This life-threatening aspect of substance abuse is what makes it such a major concern.

In fact, an estimated 88,000 people die from alcohol-related causes every year. Approximately 62,000 of these are men and 26,000 are women. The 2015 National Survey on Drug Use and Health states that 6.2 percent of adults over the age of 18 and 2.5 percent of 12 to 17-year-olds have an alcohol use disorder. This means that more than 15 million adults over 18 are suffering from this condition, while more than 600,000 minors.

It is now apparent that different states struggle with alcohol abuse more than drug abuse. In some cases, states are battling both in tandem.

Western states have the biggest problems with alcohol. On the other hand, northern and eastern states like West Virginia, New Hampshire, Rhode Island, Ohio, and Pennsylvania.

New Mexico, Montana, Wyoming, and Oregon have the most alcohol-related deaths in the US, based on 2013 to 2017 data.

When the data is analyzed and the maps are overlapped, both drugs and alcohol are taken into consideration in order to find interesting patterns. For example, there are some surprising findings related to the most deaths per capita. West Virginia, for example, moves into a category by itself, with more than 70 deaths per 100,000 people.

Although it is a unique and unfortunate category to be in, New Mexico and Ohio are not too far behind. This indicates that many people in these states are abusing both drugs and alcohol. This is causing overdose-related deaths.

Another interesting piece of information is that both Texas and Mississippi fall into the lowest category of per capita deaths for drugs and alcohol. These states have less than 20 per 100,000 people.

The biggest takeaway is that alcohol abuse is rampant and that the alcohol crisis is getting worse. The only reason people are not talking about it as much is because of the current opioid epidemic. It is now imperative that alcohol abuse is included in the conversation.

If someone in the family in Miami is struggling with opioid addiction, it is important to seek help. A combination of medical detox and behavioral therapy can go a long way in the fight against drug abuse. But

because every individual is affected by addiction differently, a comprehensive program tailored to their specific needs is necessary. Look for a nearby addiction treatment facility today and find out how drug treatment programs work.

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