Gastro Center Provides Colonoscopy Services in NJ

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Gastro Center, a New Jersey based gastroenterologist, provides colonoscopies for early detection of possible colon cancer. One in nineteen men and one in twenty one women develop colon cancer, it is always best to detect it early in order to have the best possible chance of treating it. ?When detected early,? says Gastro Center, ?colon cancer can be beaten and even avoided completely.?

A colonoscopy NJ is a medical procedure used to detect colon cancer, irritable bowel syndrome, Crohn?s disease, ulcerative colitis, inflammatory bowel disease, celiac disease, polyps and other colon-related issues. Often these diseases and complications arise in older members of society. ?If you?re at the age of 45 or above, it?s highly recommended that you undergo a colonoscopy,? states Gastro Center. ?This is when the body begins to become at risk of developing polyps or adenomas along the colon. These are grape-like benign (precancerous) growths that are generally harmless, however, they have a possibility of becoming cancerous. Polyps are found in approximately 50% of patients who undergo a screening colonoscopy, and these polyps are removed endoscopically without surgery.?

Getting a colonoscopy isn?t a major operation, especially with the right team of doctors and specialists working on it. Gastro Center works with only the most experienced and well trained professionals available. People who have already undergone a colonoscopy will go for repeat colonoscopies based on number, type

and size of polyps found and removed, as well as their family history. The time frame ranges from 3 to 10 years, determined by the gastroenterologist.

Younger people might need a colonoscopy if they exhibit certain symptoms. A colonoscopy can help identify the cause of rectal bleeding, lower abdominal pain, cramps, incontinence, anemia, diarrhea, unusual bowel habits and unexplained weight loss. Finding the cause of these issues early and dealing with them can help prevent minor issues from becoming major, possibly even life threatening ones.

A successful colonoscopy always begins with an in depth discussion with a doctor about their preparation instructions. The doctor should, during the discussion of the steps to be taken during preparation, tell the patient to clean their bowels by avoiding certain foods the day prior to the procedure, and mention whatever medications they might be using. The doctor should provide a preparation kit containing laxatives and other substances meant to clean the bowels, and six hours before the operation, the patient must not eat or drink anything not provided in the preparation kit.

?Thorough preparation is vital towards a successful procedure, and while much of this relies on the patient following the instructions properly,? says Gastro Center. ?The healthcare professionals can play a big part in helping the patient understand just how important effective preparation can be. Ask your doctor to clarify exactly how much assistance their team provides the patient in understanding preparation and committing to it.?

A colonoscopy often lasts about thirty minutes and begins with a sedative meant to make the entire experience less uncomfortable. The patient may experience cramping or bloating caused by air entering the colon as the doctor inserts the colonoscope, a thin flexible tube, into their rectum and up into their large intestine. The colonoscope is equipped with a camera that sends a live video feed to a display that the doctor will observe during the procedure to search for any colon polyps.

While the procedure usually lasts between twenty and thirty minutes, patients are advised to commit at least three hours, as preparation and recovery may take longer than they may anticipate. After the procedure, Gastro Center?s healthcare professionals will guide the patient to a recovery room to wait for the sedatives to wear off. They might still find themselves with cramps and uneasy gassiness, both of which are completely normal. The doctors will advise patients when they can continue taking any medications they were previously on. Patients are advised not to drive home.

In addition to their colonoscopy procedures, Gastro Center provides haemorrhoid banding, capsule endoscopy, flexible sigmoidoscopy, esophageal manometry, anorectal manometry and infrared laser. Gastro Center NJ is located at https://goo.gl/maps/mgWoxHK71LD2 and more information can be found on their website.

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Gastro Center NJ

The Gastro Center of NJ is a full-service medical clinic in New Jersey for all gastrointestinal tract health conditions.

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