



Living Well Counselling offering a Wide Range of Counselling Services in Calgary

March 06, 2019

CALGARY, AB - March 06, 2019 -

Calgary, Canada - Everybody has gone through a particular journey of their own that could prove to deliver a hammer blow. Fixing a physical ailment is always the easier thing to do compared to handling emotional turmoil and psychological trauma. Counselling should not be considered to be a guaranteed cure for such situations, but it is definitely highly recommended when a marriage starts to unravel, when one is feeling particularly anxious about a situation, or having to simply off pent-up feelings of frustration. Living Well Counselling Services Inc. is here to help anyone in such a quandary with a dedicated team of registered psychologists who are more than happy to sit down and hear people out.

Some of the enhanced counselling services that the dedicated team of registered psychologists offer at Living Well Counselling Services Inc. offer include marriage counselling for couples who think that they might have made a mistake, Christian counselling, and anxiety counselling, among others. Other common areas of counselling that are looked into comprise of addictions and relapse prevention, anger management, setting boundaries, knowing what career path to take, self-harm avoidance, domestic violence, life transition situations, single parenting challenges, and eating disorders, where the final list is far more exhaustive.

"At Living Well our values include client respect, professionalism, ongoing training, empowering people, holistic treatment, respecting one another and making self-care a priority to be as healthy as we can ourselves. We recommend coming to meet our therapists and check out our service area before making a decision to continue with our services. This is perfectly normal in order to feel comfortable with us and to know what to expect when the counselling session kicks off," says company representative.

Living Well Counselling Services is located at 4803 Centre Street Northwest #4, Calgary, AB T2E 2Z6. They can be reached by phone at (403) 695-7911. Leaving a voice message is highly recommended in order to have a staff member return the call as it can sometimes be difficult to get a hold of the staff right away. The team is committed to getting back to callers as soon as possible, always targeting a single business day turnaround time. Further information can be found on their website at <http://www.livingwellcounselling.ca>. Interested personnel may also contact them via email at intake@livingwellcounselling.ca.

###

For more information about Curio Counselling Calgary, contact the company here: Curio Counselling Calgary Meg Lindemulder (403) 243-0303 info@curiocounselling.ca 1414 8 St SW Suite 200, Calgary, AB T2R 1J6

Curio Counselling Calgary

Find the right therapist in Calgary for individual, couples, youth, and family counselling. Meet with a registered psychologist or certified counsellor in person at our Calgary office or virtually across Alberta.

Website: <https://curiocounselling.ca/>

Email: info@curiocounselling.ca

Phone: (403) 243-0303

