Holistic Chiropractor Has A New Location In West Los Angeles Near Westwood

March 09, 2019

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Dr. James Hogan, a licensed chiropractor in West Los Angeles and the owner of the practice known as Active Body Chiro-Care, has announced that they have recently established a new location near Westwood. Westwood is a busy residential and commercial neighborhood in the northern central part of the Westside region of Los Angeles. As such, this was a strategic move by the chiropractic practice in West Los Angeles.

Dr. Hogan himself says, ?We are so happy to have established a new location in West Los Angeles near Westwood. This makes it easier for people in Westwood and nearby areas to reach us. We perform sports injuries treatment almost every day. It is one of the top reasons our clients come to see us, and one of our specialties. Meanwhile, chronic back pain is a serious nuisance that can negatively impact your quality of life. When you come to us for treatment for it, we will determine the actual cause of the pain, and use that information to eliminate it, rather than just masking symptoms with medications, which doesn't do any actual healing.?

Dr. Hogan continues, ?We also treat injuries from auto accidents. Whiplash is a common soft tissue injury from auto accidents that we see quite often in our office. You might not notice symptoms until a day or two

after the accident, or you might notice them right away. Spinal adjustments and decompressions are excellent chiropractic techniques for providing healing, and we offer them here at our office.?

Dr. Hogan is known as a sports injury chiropractor in Westwood because one of his specialties is treating sports injuries. He points out that those who get injured while playing sports usually take a rest, ice the injury, and hope that the injury will soon get healed. However, while the inflammation resulting from the sports injury will be reduced, the underlying cause of the injury has not been addressed. As a result, the athlete will suffer from a lingering soreness and stiffness and the healing time will be longer. Treatment by a chiropractor can minimize the risk of re-injury or the worsening of old injuries, reduce the healing time, and help decrease pain and inflammation.

Active Body Chiro-Care provides treatment for a comprehensive range of sports injuries. These include those who were injured in cycling, running, golf, tennis, or football. They have the necessary experience in treating golfer?s elbow, tennis elbow, carpal tunnel syndrome, tendonitis, shoulder injuries, runner?s knee, back pain, shin splints, neck pain, and more.

The chiropractic practice in West Los Angeles also offers treatment for chronic back pain. Chronic back pain can cause a lot of disruption in the patient?s quality of life. Dr. Hogan will first determine what is causing the pain, rather than simply providing treatment and then just covering up the symptoms with medications. There are many possible causes of the chronic back pain, and the cause will be different for every person. This means that the treatment will be tailor fitted to each specific patient and may be a combination of several treatment techniques, such as traditional spinal adjustments, massage therapy, and spinal decompression; or just one single type of treatment.

Victims of car accidents often go to Active Body Chiro-Care for treatment. Dr. Hogan advises victims of auto accidents to see a chiropractor as soon as possible after the accident. This is vital because the chiropractor would be able to identify any underlying problems, such as tense muscles, muscle sprains, or herniated discs. In such a way, the injuries are not allowed to worsen.

Dr. James Hogan is a board-certified chiropractic doctor, who treats patients of all ages and physical abilities, including professional athletes. He uses a ?whole person approach,? which means looking for the underlying causes of the symptoms and perform whatever interventions and recommend lifestyle adjustments that optimize the conditions in the body that would result into normal function. As such, he has developed the reputation of being a holistic chiropractor in Westwood.

Those who are interested in any of the services offered at Active Body Chiro-Care can visit their website or contact them by phone or by email.

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For more information about Active Body Chiro-Care, contact the company here:Active Body Chiro-CareDr. James Hogan(310) 699-9299Jhogan@activebodychirocare.com10960 Wilshire Blvd, Los Angeles, CA 90024

Active Body Chiro-Care

Dr. James Hogan is a licensed Chiropractor serving the West Hollywood, Santa Monica, Los Angeles, Beverly Hills and Hawthorne community. Dr. James Hogan works with patients of all ages and physical abilities, including professional athletes.

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