



## **Utama Spice Reveals Ways To Use Energy Boosting Aromatherapy**

*April 03, 2019*

April 03, 2019 - PRESSADVANTAGE -

Bali, Indonesia based Utama Spice Bali (USB) is delighted to announce that they now offer a 15% discount to new customers signing up for their newsletter. Ria Templer, a company representative, said, "We want everyone to experience the benefits of using natural essential oils for themselves. Utama Spice is committed to ensuring the highest quality oils using our locally sourced high-quality products, and making them available worldwide."

Utama Spice Bali have opened a new Jakarta shop for those who live locally or are visiting the area. Visitors to the shop can try USB's free skincare product samples (all natural, locally sourced, and created to USB's exact specifications) and are encouraged to call if they have questions about aromatherapy, or essential oil treatments in particular.

Many people will recognize a bad smell and seek to both mask it as well as fix the source of the problem if they can. While everyone has their favorite smells, be it the smell of cut grass, freshly squeezed orange juice, or peppermint tea, few know that they can use essential oils to boost their energy naturally, rather than reaching for a double espresso or energy bars and drinks.

The advantages of using naturally produced essential oils to boost energy speak for themselves. Those who need a caffeine boost to get going may not be aware that caffeine can have a negative effect on glucose control, reduce fertility, and so on. Caffeine is often put into pain relieving formulas, such as candy bars, which makes it very easy to go over the recommended moderate daily dosage.

The second category of energy boosting scents are more herbaceous?like eucalyptus, peppermint, rosemary, and others which help encourage deeper, longer breaths. This helps provide more oxygen to the brain, and holding the breath longer helps eliminate more carbon dioxide.

As most each person has their own unique preferences, there are a lot of benefits to mixing scents together, and even rotating the use of certain smells so that they maintain their effects. Unlike reaching for a caffeine boost, where only more caffeine will help, and withdrawals can cause severe headaches, essential oils have no side effects. Notably, they can be diluted with carrier oils for use in massage, burned as incense, used in diffusers, and so on.

Those looking to learn more may also find USB on Facebook. The page includes a direct link to their online shop as well as informative posts and reviews from more than 50 customers. Additionally, Melanie Templar, founder of USB has published a booklet called "A Practical Guide to Aromatherapy & Essential Oils," which is available for order directly from the company's website. This book is a useful resource for those looking to learn more about aromatherapy.

Factbook reviewer Istie R. gave Utama Spice 5 stars, saying that they, "Love the product, they all smell lush and work great! Can't recommend enough of Utama Spice's body lotion, begone bug spray, and their body mist. Will certainly repeat order!"

Wyatt D., who also gave Utama Spice 5 stars on Facebook, said, "Amazing, high quality natural products. I was able to see the beautiful factory in Ubud. They took me right in and showed me around. I was amazed to see a factory that looks more like a highly controlled kitchen than a manufacturing facility. All the products are handmade. This is a company that does right by their employees and is truly passionate about honest, natural skin products inspired by Balinese tradition. Try the Cocoa Love body butter, the scrubs, and the hair oil, especially!"

The Utama Spice Bali Media Room provides full access to articles regarding the company. USB is extremely conscious of their local market, and is always eager to develop their brand globally to raise awareness about their truly natural products.

Those who wish to learn more about the company and their products may visit their main website, which

contains a full list of their contact details. Visitors to the website may also find a full list of Utama Spice's shop locations, ideal for anyone that would like to drop in while they are in the area.

###

For more information about Utama Spice, contact the company here: Utama Spice  
Ria Templer +62 0361 975051  
info@utamaspicebali.com  
Jl. Monkey Forest, Ubud, Kabupaten Gianyar, Bali 80571, Indonesia

## Utama Spice

*Utama Spice is a traditional skincare company based in Ubud, Bali. We focus on applying ancient Balinese herbal knowledge to create products that not only enhance your skin's natural beauty but also provokes your mind to consider the raw power of nature.*

Website: <https://utamaspicebali.com>

Email: [info@utamaspicebali.com](mailto:info@utamaspicebali.com)

Phone: +62 0361 975051

