



Beachwood Memory Care Facility Takes New Approach To Retirement Care

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A memory care home generally makes use of highly educated, trained leaders supported by a variety of less well trained support staff. While cooks, housekeepers, dietary aides, and nurse aides may work very hard to ensure that the lives of memory care facility residents are as comfortable as possible, they usually do not have the same level of specialized training as the leaders.

In light of this, Windsor Heights Assisted Living and Memory Care, a Cleveland memory care facility, has chosen to take the industry in a different direction. At Windsor Heights, the staff who spend the most time working directly with residents are experts in their fields.

One direct support professional said, "I'm really glad that I've chosen to share my talents here. Since they provide such extensive training, I really feel like this company wants me to understand my residents, to really connect with them and improve their quality of life through my work. When I meet new people seeking memory care in Cleveland, I'm always proud to share that I work at Windsor Heights, and I definitely recommend they schedule a tour."

At Windsor Heights, all new caregivers have to complete the Meaningful Moments program upon hire. The Meaningful Moments program is a training regimen meant to prepare caregivers to help residents face the daily challenges that come with impaired cognition and the other signs and symptoms of Alzheimer's, along with other forms of dementia. The program focuses on every aspect of memory care, including their residents' safety, mental health, emotional, spiritual, and medical needs.

Caregivers and other staff at Windsor heights also have access to the renowned Teepa Snow video training series. The training series was created by occupational therapist Teepa Snow, who has dedicated her life—both personal and professional sides of it—to understanding the needs of patients suffering from all forms of dementia. She encourages caregivers to make use of her "Positive Approach to Care," which is highly effective in identifying the pain points a resident is experiencing, to enable them to provide comfortable, effective care even in the most difficult situations.

In addition to this, Windsor Heights puts its staff through bimonthly training sessions that are based on updated research. These sessions include training on best practices and policies to ensure all staff are using the most up-to-date recommendations and practices when caring for their residents. Relias, another training resource available to Windsor Heights, provides continuous education for staff at all levels.

Executive Director of Windsor Heights Michelle Ledford stated, "We have believed from the very start that training has a direct and measurable impact on resident outcomes. Our hiring process is very selective—ensuring only the best join us—and our unique training program gives them the confidence they need to provide truly resident-focused care that promotes the well-being of the whole person."

Windsor Heights is more than a memory care facility, it provides a warm, welcoming senior community for those in need of assisted living, transitional assisted living, or memory care. With a combination of person-centered care and an extensive wellness program that encompasses the key components of health and wellness through physical, social, emotional, cognitive and spiritual nurturing, Windsor Heights enables the elderly to live their lives to the fullest in a safe, secure environment.

The care facility has established themselves as leaders in the industry, and Windsor Heights has no intention of stopping their search for innovative opportunities to build the skill sets of their staff. "For us, it's about continuously improving, about always looking for ways we can do better for those who trust us with their care," affirms Ledford.

Sunshine Retirement Living, Windsor Heights's parent organization, is a family-owned, patient-centered provider of comfortable retirement living. They operate nearly two dozen retirement communities all across the country and provide a full range of services in their independent living, assisted living, and memory care communities. Independence, confidence, and community are some of the qualities that Sunshine Retirement

Living promotes among both its residents and staff.

Those looking for more information regarding the Beachwood assisted living and memory care facility may contact Sarah Peters of Windsor Heights Assisted Living and Memory Care, or visit their website. The facility can also be reached through their social media platforms.

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For more information about Windsor Heights Assisted Living and Memory Care, contact the company here: Windsor Heights Assisted Living and Memory Care Sarah Peters 5412554280 sunshineretirementcommunity@gmail.com 175 South Garden Way Eugene, OR 97401 <https://www.sunshineretirementliving.com/eugene-retirement-living/>

Windsor Heights Assisted Living and Memory Care

Windsor Heights in Beachwood, OH is a warm, welcoming senior community for those who find themselves transitioning from Assisted Living or in need of Memory Care.

Website:

[https://www.sunshineretirementliving.com/beachwood-retirement-living/?utm_source=news&utm_medium=organic
&utm_campaign=pr](https://www.sunshineretirementliving.com/beachwood-retirement-living/?utm_source=news&utm_medium=organic&utm_campaign=pr)

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