San Diego Holistic Dentist Celebrated Earth Day With Message To Patients And Community

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Holistic dentist Dr. Sam Parsi of the San Diego Wellness Dentistry has celebrated Earth Day with a message to his patients and the community. He stated that he is proud to have a green dental practice that doesn?t pollute the environment. For instance, he makes use of advanced mercury removal protocols and uses bio-compatible tooth color materials. Being a holistic dentist, he is well aware of the presence of mercury in traditional dental amalgams and the toxic effects of mercury on the body.

Dr. Sam Parsi himself says, ?Here at San Diego Wellness Dentistry, we are very much concerned about protecting our environment. We only have one Earth after all. Thus, we are using the Safe Mercury Amalgam Removal Technique (SMART) because we know that all silver-colored dental filling contain about 50 percent mercury and this metal is harmful both to human health and the environment.?

Mercury has been found to be the most toxic, non-radioactive element on Earth. The World Health Organization has noted that the average mercury intake from dental amalgams is greater than all other sources combined. Thus, the San Diego Wellness Dentistry and Dr. Sam Parsi are focusing on educating patients about the dangers of dental amalgams and the need to remove those fillings in a safe manner. Dr. Parsi, who is accredited by the International Academy of Oral Medicine and Toxicology (IAOMT), minimizes the exposure of patients by using the SMART protocol for removing mercury-filled dental fillings.

The San Diego holistic dentist is also involved with the Mercury Policy Project (MPP), which strives to promote policies for the elimination of mercury uses, minimize the export and trafficking of mercury, and substantially reduce mercury exposures at the local, national, and international levels. He wants to point out that mercury vapor that is continuously emitted can cause damage to the urinary, immune, respiratory, cardiac, and digestive systems over time.

San Diego Wellness Dentistry also provides all phases of dentistry. These include gum rejuvenation with the Pinhole Surgical Technique, laser dentistry, all porcelain or zirconia veneers, teeth whitening, Invisalign and clear braces for adults and children, crowns and bridges, advanced implants, sedation dentistry, Zirconia

dental implants and mini-implants with 3D imaging. The dental office also uses digital x-rays, which has the advantage of having five times less radiation dose.

Holistic dentistry means the use of modern dental treatments using materials and processes that have no toxicity or side effects. It also takes into account other things that can affect health. For instance, posture, including the position of head and jaw position can affect the rest of the body and vice versa. There are indications of postural problems and these include: pain in the neck, jaw, and shoulders; numbing or tingling of the hands; headaches and migraines; back pain particularly on the upper back; and difficulty in clearing ears. In this, Dr. Parsi has already helped many patients achieve optimal health by jaw orthopedics, changing their bite through simple orthodics, Invisalign, and full mouth rejuvenation.

Invisalign treatment is offered by San Diego Wellness Dentistry for those who are reluctant or don?t want to use metal braces to correct crooked teeth. Invisalign uses a series of clear aligners that gradually straighten the teeth. These aligners, which are known as trays, are replaced at regular intervals during the Invisalign treatment plan. And unlike the usual metal braces, the patient would be able to remove the Invisalign tray when eating, drinking, flossing, or brushing. Invisalign offers a less embarrassing and less painful way of straightening crooked teeth.

San Diego Wellness Dentistry has more than 30 years of experience in providing dental services. Dr. Parsi is accredited for offering mercury safe dentistry with SMART protocols, using BPA-free bio-compatible tooth color materials, using oxygen/ozone therapy, and providing nutritional support and chirodontics to ensure optimal health and vitality of the patient. They also provide various cosmetic dentistry services.

Those who are looking for a San Diego Invisalign dentist can visit the San Diego Wellness Dentistry website or contact them by phone or by email.

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For more information about San Diego Wellness Dentistry, contact the company here:San Diego Wellness DentistryDr. Sam Parsi(858) 485-6199info@sandiegowellnessdentistry.com11777 Bernardo Plaza Court #106San Diego, CA 92128

San Diego Wellness Dentistry

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