



Utama Spice Recommends Organic Skin Care Products To People With Multiple Chemical Sensitivity

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Kabupaten Gianyar, Bali based Utama Spice recently issued a public advisory to help people with Multiple Chemical Sensitivity (MCS) find a safe way to enjoy skin care and other beauty products. The company also pointed out that the use of 100% natural and organic products is an effective way to alleviate co-occurring symptoms and conditions that are associated with MCS.

MCS is defined as an extreme sensitivity to allergens and other pollutants, including synthetic perfumes, solvents, Volatile Organic Compounds (VOCs), petrochemicals, and more. A number of studies suggest that MCS is caused by prolonged exposure to toxic synthetic ingredients that can be found on most commercially available products. Unlike common allergies that are usually triggered by identifiable allergens, MCS seems to have no known triggers, and its symptoms vary widely from one person to another. According to WebMD, symptoms of MCS include headaches, fatigue, dizziness, nausea, congestion, itching, sneezing, and more. Utama Spice recommends looking up the full list of symptoms related to MCS if there are concerns about it being present.

Meanwhile, an article on <https://www.ncbi.nlm.nih.gov/books/NBK234794/>, reports that people suffering from

MCS exhibit an entirely different type of sensitivity. Their health problems often, but not always, appear to originate with some acute or traumatic exposure, after which the triggering of symptoms and observed sensitivities occur at very low levels of chemical exposure. The inducing chemical or substance may or may not be the same as the substances that thereafter provoke or "trigger" responses (sometimes the inducing substance is described as "sensitizing" and the individual affected is known as a "sensitized" person).

Reactions may sometimes be observed at incitant levels similar to those to which classically sensitive and atopic patients respond. Avoidance of the offending substances is usually effective, but much more difficult to achieve for these patients than for classically sensitive patients because symptoms may occur at extremely low doses and the exposures are manifold and ubiquitous. Adaptation to chronic low-level exposure with consequent "masking" of symptoms also make it exceedingly difficult to discover these sensitivities and unravel the multifactorial triggering of symptoms.

In addition, as noted in Utama Spice's recent press release, about 89% of ingredients found on personal care and beauty products are not fully tested for safety. These include chemicals that are often found on everyday products such as soap, shampoo, makeup, perfume, lotions, and deodorants. In fact, a recent study also found that 74.6% of people with MCS are asthmatic, and 91.5% with MCS report health problems from fragranced products, such as air fresheners and deodorizers, laundry products, candles, cleaning supplies, and personal care products.

Ria Templer from Utama Spice also drew attention to the fact that people who are living with MCS still need to use skin care and personal care treatments to alleviate other symptoms, such as dandruff, sunburn, dry patches on skin, and other similar conditions. She pointed out that patients can still enjoy and safely use natural and organic products, like those created by Utama Spice.

Utama Spice is a Balinese company, which can be seen on Google Maps at <https://goo.gl/maps/MLssHy9vX7QVXZ636>, founded in 1989 and incorporated in 2000 by Melanie Templer and Dayu Suci. They take pride in developing and manufacturing all natural and organic beauty care products that are proven to be hypoallergenic and suitable for people with MCS. Templer explained that all of their products are free of chemicals, preservatives, binders, and other synthetic ingredients, and they only use quality essential oils and other raw ingredients to manufacture a wide range of all-natural, highly effective, and quality products that are safe for the whole family. Utama Spice offers a full spectrum of organic personal care products, including massage oils, virgin coconut oils, salt scrubs, bath oils, and many more that can be browsed through their website.

Visitors to the site may check out their best sellers and latest product offerings, or contact Ria Templer of Utama Spice to learn more. Additionally, interested parties may connect with Utama Spice through their official social media pages on Facebook and Instagram to stay up to date with their latest news and important

announcements.

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Utama Spice

Utama Spice is a traditional skincare company based in Ubud, Bali. We focus on applying ancient Balinese herbal knowledge to create products that not only enhance your skin's natural beauty but also provokes your mind to consider the raw power of nature.

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