



Sunshine Retirement Living Adds New Tallahassee Memory Care Facility

May 24, 2019

May 24, 2019 - PRESSADVANTAGE -

Sunshine Retirement Living has announced the addition of Azalea Gardens Assisted Living & Memory Care in Tallahassee, Florida to its network of communities focused on providing Person-Centered Care throughout the United States. Sunshine Retirement Living has long known that when it comes to assisted living Tallahassee is a destination of choice for many retirees and is excited to deliver to those seeking warm climates and green grass.

Tallahassee has become synonymous with retirement, with many choosing housing in this warm and tropical city long before their retirement years are upon them. Statistics show that Tallahassee is one of the most popularly chosen cities in which to retire, for these and many other reasons.

Sarah Peters, a representative for the Tallahassee Assisted Living & Memory Care says, "The facility offers assisted living, memory care, and respite care services in a warm, inviting setting near Capital Regional Medical Center and Tallahassee Memorial Hospital in beautiful Tallahassee. Sunshine Retirement Living takes pride in providing the modern retiree with a luxurious, relaxing retirement that aligns with each resident's unique vision for this special stage in their lives. Azalea Gardens is no exception: luxurious indoor

spaces with multiple floor plan options, beautiful and relaxing green spaces outdoors, rich amenities to ensure retirement feels like retirement, and services and care that focus on the whole person.?

Peters says that the amenities at Azalea Gardens are best in class, delivering hotel-like luxury every day to its residents. Residents enjoy access to 24/7 dining options with gourmet-style menu items, move-in assistance for maximum convenience, free local transportation, 24/7 staffing for comfort and peace of mind, and a diverse schedule of activities to ensure there's always something to do for both the introvert and the extrovert alike. A welcoming wellness program encourages movement, stretching, fitness, and camaraderie between residents.

?Azalea Gardens takes pride in developing their care plans and daily routines based on resident preference to ensure the routines developed over a lifetime aren't interrupted. Respecting these routines provides comfort and familiarity to all residents and can be especially helpful for those experiencing Alzheimer's or other forms of dementia,? Peters continues.

Peters adds that the facility?s other offerings that are designed to nurture the social, physical, cognitive, spiritual and emotional health of residents include music therapy, validation techniques, aroma therapy, socialization, life skills stations, and more. Azalea Gardens was designed with intention and purpose, which is evident when one tours the welcoming building and grounds.

Activities at the facility are diverse to ensure that residents of all backgrounds, physical and cognitive ability, and area of interest are able to participate, engage with their peers, and enjoy themselves. Commonly offered activities include armchair yoga, communion, gardening, crafting, card games, yard games, local outings, dances, fitness classes, manicures, and more. Common areas make it easy for residents to build and maintain friendships and participate in activities of their choosing outside of normal activities hours or in addition to regularly scheduled events.

?The beautiful Tallahassee weather supports an indoor and outdoor lifestyle at Azalea Gardens,? says Peters. She adds that all of the facility?s staff is available to ensure that all residents are able to take in sunshine, fresh air, and all of the benefits that accompany time outdoors. Azalea Gardens and Sunshine Retirement Community are looking forward to the positive impact of their partnership and the benefits it will provide to residents now and in the future.

Family-owned and patient-centered, parent company Sunshine Retirement Living manages nearly 30 retirement communities across the United States. By providing a full range of services in their independent living, assisted living, personal care, and memory care communities, Sunshine Retirement Living promotes independence, confidence, and community among their residents. The organization's mission is simple: to enrich the lives of those they serve. Those who are interested and would like to learn more about their

services, communities, or philosophy can visit the facility online at www.SunshineRet.com or connect socially on any of their social media accounts.

###

For more information about Azalea Gardens Assisted Living & Memory Care, contact the company here: Azalea Gardens Assisted Living & Memory Care Sarah Peters 5412554280 sunshineretirementcommunity@gmail.com 2724 Ox Bottom Rd Tallahassee, FL 32312

Azalea Gardens Assisted Living & Memory Care

Azalea Gardens is not just a memory care facility, we are a memory care community. It is a warm, welcoming senior community for those in need of assisted living, transitional assisted living, or memory care.

Website:

https://www.sunshineretirementliving.com/azalea-gardens-senior-living-tallahassee/?utm_source=news&utm_medium=organic&utm_campaign=pr

Email: sunshineretirementcommunity@gmail.com

Phone: 5412554280



Powered by PressAdvantage.com