

PBJ Unveils New Product That Promotes Healthy Living By Using Aromatherapy Diffusers

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PBJ Online a company in Monument, CO, has just released an aromatherapy diffuser that is designed to promote healthy living. The essential oil diffuser uses ultrasonic waves to generate a mist that aids in sleep, relaxation, and overall wellness. Studies have shown that using essential oils in a diffuser is an effective way to enjoy aromatherapy. The essential oils deliver a therapeutic result much more effectively when diffused into the air, and the device helps to drive out dry air at the same time.

"I've used an essential oil infuser for over a year," says Maggie G. of California. "I had the worse trouble sleeping, until I started using my diffuser. Now I sleep soundly and my whole house just smells great." There are other benefits to using essential oils, aside from aiding in sleep. Many studies have shown that certain oils can help to ward off diseases and illnesses. Lemongrass for instance has been shown to be very effective in warding off the common cold.

"We all know that aromatherapy works," says Theresa Edelstein of PBJ Online. "Now we know that diffusing those essential oils works much more effectively than any other method, which is why we've created this great diffuser." Diffusers disperse the user's chosen essential oils into the air as a fine vapor, which enables them to be absorbed into the body gently. Depending on the oils used, the aroma prompts certain signals to be transmitted to the brain, which in turn releases hormones that can induce sleep, relieve pain, and heighten a more relaxed and calm mood.

PBJ Online's diffuser is spa quality, and designed for years of use. It operates for up to six hours, and features an automatic shut off in the event that the water gets too low to safely operate. It is designed to operate quietly and comes in a natural wood tone. The company offers a 100 percent guarantee. Customers who are not satisfied can return it within 90 days for a replacement.

Those interested can view the new aromatherapy oil diffuser at <http://www.amazon.com/gp/offer-listing/B00UK93ITQ/?seller=A23QECXJYYPWTK>.

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