

Health And Fitness Company Now Providing Health Tips On Pinterest

July 22, 2015

July 22, 2015 - PRESSADVANTAGE -

Amazing Health Solutions, a Catonsville, Maryland company, has just announced that they have opened a new Pinterest account. The company plans to regularly pin and repin posts related to health and fitness.

"We make sure our followers will get useful tips on health and fitness," says Ronald Hoff of Amazing Health Solutions. "We are also posting funny pins, and will be pinning blog posts form our website, and new videos from our YouTube channel.

The new account can be viewed at http://www.pinterest.com/ahealthsolution/. Pinterest is a social media site that currently has millions of members. Members can post pictures, often with links to their sources, and many companies have found it to be very effective in creating awareness of their brand, or cause.

"We hope that our Pinterest account will provide interest to those who want to gain insights on health and fitness," says Hoff. "We'll be providing diet and exercise tips, as well as general wellness information. "I love Pinterest," says Danni L. of New York. "I check it daily just to find recipes, weight management tips, and DIY projects. I think it's great that Amazing Health Solutions has an account. Now I can actively keep up with what

they're posting."

Posts from YouTube will come from http://www.youtube.com/user/AmazingHealthChannel, where the

company regularly offers advice for those looking to live healthier lives. Amazing Health also offers a blog,

found at http://www.amazinghealthsolutions.com/blog/.

"Our goal is to reach as many people as we can, offering advice on everything from what foods are best for

fighting high cholesterol to how to make the perfect low calorie dessert," says Hoff.

The company already has more than 400 "pins" and those numbers are steadily climbing. From health, diet,

and fitness tips to product sales and information, exercise specifics, and funny anecdotes, Amazing Health

offers a number of interesting posts for those who are looking to add a bit of fitness to their lives.

Those interested can check out the company's Pinterest page, or visit them online to learn more about the

tips and advice that they offer.

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For more information about Amazing Health Solutions, contact the company here:Amazing Health

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Amazing Health Solutions

Amazing Health Solutions provides a reliable weight loss supplement? Amazing Forskolin. For the best results in losing

weight and gaining lean muscle, the product is unparalleled.

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