



## **Brooklyn Rehab Placements Believes Sobriety Has Strong Success When There is Family Support**

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Overcoming drug and alcohol addiction is often a huge battle. Brooklyn Rehab Placements believes, "A family that heals together stands a better chance of sustaining recovery over the long term." Success rates for overcoming addiction have proven to be higher when the family of the addict also participates in a rehabilitation program.

Children especially can have great fear, confusion, and guilt when be around a person struggling with addiction. Many addiction programs geared toward the family stress that children and others are not responsible for the addicts behavior and helps teach the families how to express these fears.

Brooklyn Rehab Placements' mission is to help people and family reclaim their lives and recover from addiction. Education can also help families to escape the blame game. Rather than believing that the person's addiction stems from weakness, willfulness, or stubbornness, they might learn how addictions stem from changes in brain chemistry and electrical impulse alterations. That data might help families to let go of their anger, so they can focus on healing.

Brooklyn Rehab Placements points out, "An addiction in a close relative can serve as a stressful life situation that persists for years, and that long-term dysfunction can make it hard for families to communicate clearly. There's a block of mistrust between every member of a family touched by addiction."

Brooklyn Rehab Placements believes connecting with peers may help, particularly if families use a trusted program like Al-Anon or Alateen. The idea is to provide help for families of drug addicts. These programs also provide a safe, nonjudgmental space for family members to use in order to learn, discuss, and overcome an addiction.

A family therapy program, according to the Substance Abuse and Mental Health Services Administration, is designed to break down that sensation of distrust, guilt, and stress. Families that were once defined by anger and by addiction can be transformed into tight, well-oiled units that support one another, come what may.

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For more information about Brooklyn Rehab Placements, contact the company here: Brooklyn Rehab Placements 929-269-8199 Brooklyn, NY 11207

## Brooklyn Rehab Placements

*Our programs are all about helping you find the right people to get treatment from. We can connect you with the top rehab centers from across the country.*

Website: <https://goo.gl/maps/rnakqvtvUco>

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