

## Marshall Pines Assisted Living & Memory Care Community In Evans, Georgia Joins Sunshine Retirement Living's Network

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The Sunshine Retirement Community is excited to announce the addition of Marshall Pines Assisted Living and Memory Care, situated in Evans, Georgia, to their nationwide network of senior living communities. Marshall Pines' modern senior living options, upscale buildings and grounds, compassionate approach to care, and extensive amenities speak to Sunshine Retirement Living's core values, setting the groundwork for a successful partnership that promises to impact their residents? lives in a positive and meaningful way.

Marshall Pines joins a network of 27 person-centered care communities owned and operated by the Sunshine Retirement Community throughout the United States. They each function independently, able to make decisions that impact their own community as positively as possible, depending on the unique needs of their local residents.

However, all 27 communities enjoy the benefit of having an expansive network of sister communities and corporate support to lean upon, ensuring top-notch, specialized care in every community run by Sunshine Retirement Living. Residents are the greatest beneficiaries in this partnership, as they will now enjoy being

able to travel to 22 US cities, having access to free lodging, dining, transportation, and activities. They will also possess every benefit of Sunshine Retirement Living's Easy-Move program for the coordination of moving services (sale of home, downsizing assistance, retirement planning, and moving assistance), as well as receiving assistance and care from staff who have completed Sunshine's extensive person-centered training program.

The most recent research suggests that today's retirees are looking for comfort and luxury?at a location other than their home so that they are able to limit housework and home maintenance.

Many of the community?s seniors say that, when it comes to assisted living, the Evans, Georgia area provides the perfect setting to live in. The community's amenities are designed with hotel-like luxury in mind, and include gourmet dining options customized to promote memory retention, local transportation, housekeeping services, wellness programming, personal care services, security, lawn care, and more.

Additionally, Marshall Pines offers two levels of care to afford residents the benefit of luxurious retirement and the option to age in peace: Assisted Living and Memory Care. Under this model, residents who need more daily assistance or begin to experience a decline in cognitive function are often able to stay in their apartments with the same familiar surroundings and caregivers, as this has been proven to help patients in these dire situations.

The menu at Marshall Pines was designed according to the Rush University Medical Center "MIND" diet, which incorporates foods with proven cognitive health benefits and may assist residents in maintaining their memory for as long as possible. This complements every other effort made by Marshall Pines to keep their residents in a healthy state, both mentally and physically, which is a common factor that goes overlooked by other retirement communities.

"The stress that those with dementia experience when being moved from one community to the next is often referred to as transfer trauma," says Kimberly Ross-Mason, Marshall Pines Director. "Transfer trauma can last for days or even weeks and cause lack of appetite, anxiety, isolation, depression, combativeness, and other problems. We aim to prevent transfer trauma and the impact it can have on our residents by providing services that span a wide range of resident needs and conditions so they can stay here, even if their needs change."

Another common theme pursued by the modern retiree is the feeling of adventure. The Evans, Georgia community boasts a robust activities calendar to keep even the most outgoing and adventurous retirees engaged and occupied throughout the day. Common activities include crafts, card games, visits from the therapy dog, fitness classes, communion, general outdoor activities, and community outings.

Furthermore, Marshall Pines offers specialized programming designed to bring comfort to those with memory loss, such as aromatherapy, music therapy, validation techniques, wellness activities, socialization, and life station skills. It is not rare for a visitor coming to Marshall Pines to find retired mechanics tinkering around on a faux engine, or a former housewife folding hand towels and mixing cookie dough to entertain themselves throughout the day.

Sunshine Retirement Living and Marshall Pines look forward to continuing to provide compassionate, person-centered care under their new partnership, inviting those interested to learn more about this matter by visiting the following link: https://www.sunshineretirementliving.com/marshall-pines-retirement-community-evans-ga/?utm\_source=new s&utm\_medium=organic&utm\_campaign=pr. Interested parties may also contact Sarah Peters of Stone Valley Assisted Living & Memory Care, or follow the community on their social media channels to stay up to date with their latest new and announcements.

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## **Marshall Pines Assisted Living & Memory Care**

Marshall Pines is not just a memory care facility, we are a memory care community. It is a warm, welcoming senior community for those in need of assisted living, transitional assisted living, or memory care.

## Website:

https://www.sunshineretirementliving.com/marshall-pines-retirement-community-evans-ga/?utm\_source=news&utm\_campaign=pr

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