



Mesa Detox Recovery Believes Chemical Dependency Has No Quick Cure

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Mesa Detox Recovery suggests there are various settings to receive treatment. Outpatient behavioral treatment includes a wide variety of programs for patients who visit a behavioral health counselor on a regular schedule. Most of the programs involve individual or group drug counseling, or both. Inpatient or residential treatment can also be very effective. Those with more severe problems (including co-occurring disorders) this may be the best option. Licensed residential treatment facilities offer 24-hour structured and intensive care, including safe housing and medical attention. Residential treatment facilities may use a variety of therapeutic approaches, and they are generally aimed at helping the patient live a drug-free, crime-free lifestyle after treatment.

A new study published by the scientific journal Addiction has found no reliable evidence for using Nalmefene, Naltrexone, Acamprosate, Baclofen or Topiramate to control drinking in patients with alcohol dependence or alcohol use disorder. Some treatments showed low to medium efficacy in reducing drinking. None of the results demonstrated significant benefits on health outcomes. The study pooled the results from 32 randomized, controlled trials representing 6,036 patients. The study was conducted between 1994 and 2015. The studies compared the effects of oral Nalmefene, Naltrexone, Baclofen, and Topimarate against a

placebo.

Mesa Detox Recovery also agrees that medications and devices can be used to manage withdrawal symptoms, prevent relapse, and treat co-occurring conditions. They can help suppress withdrawal side effects while the patient is going through detox. Detoxifying the body is the first step, however if further treatment doesn't accompany it, the patient will eventually resume their drug use.

Some of these medications have been around for decades, fewer than 10% of the people who could benefit from them use them. "You don't have commercials talking about [these drugs]," says Stephen Holt, MD, who co-directs the Addiction Recovery Clinic at Yale-New Haven Hospital St. Raphael Campus in Connecticut. "And primary care doctors tend to shy away from these meds because they weren't trained to use them in med school."

Mesa Detox Recovery believes there are other methods to diagnose and treat chemical dependency problems. First and foremost, no single treatment is right for everyone. Mesa Detox Recovery states, "Effective treatment addresses all of the patient's needs, not just his or her drug use. Staying in treatment long enough is critical, medications are often an important part of treatment, when combined with behavioral therapies, and people need to have quick access to treatment."

Medications can also be used to help prevent relapse. Medications can help re-establish normal brain function and decrease cravings. Medications are available for treatment of opioid (heroin, prescription pain relievers), tobacco (nicotine), and alcohol addiction. Scientists are developing other medications to treat stimulant (cocaine, methamphetamine) and cannabis (marijuana) addiction. People who use more than one drug, which is very common, need treatment for all of the substances they use.

Behavioral therapies are also a prime factor in treating addiction of all types. These therapies help modify behavior and attitudes associated to drug use. Behavioral therapies also help the patient increase healthy habits and life skills.

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For more information about Mesa Detox Recovery, contact the company here: Mesa Detox Recovery (602) 563-8008 Mesa, AZ 85210

Mesa Detox Recovery

Our programs are all about helping you find the right people to get treatment from. We can connect you with the top rehab centers from across the country.

Website: <https://mesa-detox-recovery.business.site/>

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