



Gastro Center NJ Offers Colon Cancer Screening By Top Colonoscopists

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Gastro Center NJ, which is based in West Orange, New Jersey, has announced that they are offering premier colon cancer screening and other endoscopic procedures performed by top colonoscopists in New Jersey. Theodore A. DaCosta, MD, of the Gastro Center NJ advises people who are 45 years old and above to have their colon checked for polyps or adenomas, which are benign growths and generally harmless but could develop into cancer. Polyps are usually found in about 50 percent of patients who undergo screening colonoscopy and the polyps can be eliminated endoscopically without surgery.

Dr. DaCosta says, "We're excited to announce that our top colonoscopists are ready to perform colon cancer screening in New Jersey. If you're at the age of 45 or above, it's highly recommended that you undergo a colonoscopy. This is when the body begins to become at risk of developing polyps or adenomas along the colon. These polyps are removed endoscopically without surgery. If you have already undergone a colonoscopy, your timing for a repeat colonoscopy will vary depending on the number, type, and size of polyps found and removed as well as on your family history. This time frame can range anywhere between 3 and 10 years. Your NJ gastroenterologist will provide full and clear guidance on this process."

Dr. DaCosta adds that there are various symptoms where colonoscopy can be used to help find the causes. These include rectal bleeding, cramps, lower abdominal pain, anemia, incontinence, unusual bowel habits, long-lasting diarrhea, and weight loss. He advises patients that they should be prepared to spend around three hours in the clinic although the actual procedure will only take from 20 to 30 minutes. This is because some preparation before the procedure and some recovery will be needed.

The Gastro Center NJ also offers other alternative procedures and tests. These include hemorrhoid banding, capsule endoscopy, esophageal manometry, flexible sigmoidoscopy, anorectal manometry, and infrared laser. Dr. DaCosta wants to stress that the key to defeating colon cancer is detecting it as early as possible.

Meanwhile, Gastro Center NJ also offers upper endoscopy (EGD), which is used when the symptoms indicate abnormalities in the stomach, esophagus, and the first portion of the duodenum, which is where the small intestine starts. These are the parts of the upper digestive tract.

EGD is commonly performed as an outpatient service. In this procedure, a thin scope that is equipped with a tiny camera is inserted into the mouth in order to view the upper digestive tract. This procedure is usually done at a hospital, or even in the emergency ward of a hospital, to pinpoint locations of bleeding in the upper digestive tract so that they can be treated. An EGD is often recommended for people who are experiencing certain symptoms like heartburn, pain the chest or abdomen, trouble swallowing, bleeding, weight loss, nausea, anemia, and vomiting. It has been observed that EGD is much more accurate at detecting conditions such as cancer in the upper digestive tract, when compared to x-rays done for the same purpose.

Gastro Center NJ serves as a comprehensive-service medical clinic for all kinds of gastrointestinal tract health situations. They are ready to serve patients with illnesses or diseases related to the biliary tract, esophagus, pancreas, small intestine, liver, stomach, colon, and more.

Dr. DaCosta has worked for more than two decades in the field of gastroenterology. He is currently one of the leading gastroenterologists in the US, having won several prestigious awards and having been a long-time member of both local and national professional associations. Focusing on internal medicine and gastroenterology, Dr. DaCosta has won the admiration of peers and his patients.

Those who are suffering from indigestion, abdominal pain, difficulty swallowing, constipation, chronic diarrhea, and other related symptoms, may want to consult with the Gastro Center NJ. Those who would like to know more about Dr. DaCosta can visit his Facebook page at <https://www.facebook.com/TheodoreADaCostaMD/>, or visit the clinic's website, or contact them by phone or by email.

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For more information about Gastro Center NJ, contact the company here:Gastro Center NJ+1

862-520-169659 Main St Suite 1, West Orange, NJ 07052, USA

Gastro Center NJ

The Gastro Center of NJ is a full-service medical clinic in New Jersey for all gastrointestinal tract health conditions.

Website: <https://gastrocenternj.com/>

Phone: +1 862-520-1696

