

## Atif Javid Launches MBA Mentoring & Coaching Programme For Entrepreneurs

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Atif Javid, an accomplished entrepreneur from Bristol, UK, made a decision to help budding or experienced entrepreneurs achieve greater success through his coaching and mentoring. Atif has already demonstrated his business acumen through founding and building property investment and property management related businesses.

More information about Atif's mentoring and coaching can be seen here: http://atifjavid.com.

Atif has created his MBA programme, which is unique to him. In this coaching and mentoring programme, the "M" stands for mindet, "B" stands for body and "A" stands for action.

For achieving any progress in business as well as in life, the first and foremost ingredient, according to Atif, is mindset. Without the formulation of the correct and achievement oriented mindset, any business endeavour by an entrepreneur is bound to fail.

Having a healthy body is the next most important aspect required in a success-minded entrepreneur. The

right mix of food, movement and sleep are key for sustained positive mindset and energy in a person to drive

and motivate himself or herself as well as everyone around them toward achieving more. Sleep deprivation

can impair an entrepreneur's decision-making capabilities as well as sap away on the high energy that one

needs for higher achievement.

The final important aspect that Atif covers in his MBA programme is "action". Many entrepreneurs work on

having a mindset and take care of their body, but unless they take action to plan and move things forward in

the desired direction, success will elude them.

The interesting thing is that people who work on having the right mindset, either themselves or with the help

of a coach or mentor, will find that getting the right body and right action will follow more easily.

Recently, Atif's blog about not letting comfort and routine be the cause for failure in business was covered in

article Reuters that an on can be read here:

http://www.reuters.com/brandfeatures/venture-capital/article?id=120848,

Atif Javid is based in Bristol, UK, and he encourages entrepreneurs to achieve more through M, B and A.

More information about Atif and his personal development programme can be found by visiting the website

links provided above.

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Atif Javid mentors, coaches and helps entrepreneurs and business owners unlock their personal potential to achieve

extraordinary success in both life and business.

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