



Atif Javid Launches MBA Mentoring & Coaching Programme For Entrepreneurs

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Atif Javid, an accomplished entrepreneur from Bristol, UK, made a decision to help budding or experienced entrepreneurs achieve greater success through his coaching and mentoring. Atif has already demonstrated his business acumen through founding and building property investment and property management related businesses.

More information about Atif's mentoring and coaching can be seen here: <http://atifjavid.com>.

Atif has created his MBA programme, which is unique to him. In this coaching and mentoring programme, the "M" stands for mindset, "B" stands for body and "A" stands for action.

For achieving any progress in business as well as in life, the first and foremost ingredient, according to Atif, is mindset. Without the formulation of the correct and achievement oriented mindset, any business endeavour by an entrepreneur is bound to fail.

Having a healthy body is the next most important aspect required in a success-minded entrepreneur. The right mix of food, movement and sleep are key for sustained positive mindset and energy in a person to drive and motivate himself or herself as well as everyone around them toward achieving more. Sleep deprivation can impair an entrepreneur's decision-making capabilities as well as sap away on the high energy that one needs for higher achievement.

The final important aspect that Atif covers in his MBA programme is "action". Many entrepreneurs work on having a mindset and take care of their body, but unless they take action to plan and move things forward in the desired direction, success will elude them.

The interesting thing is that people who work on having the right mindset, either themselves or with the help of a coach or mentor, will find that getting the right body and right action will follow more easily.

Recently, Atif's blog about not letting comfort and routine be the cause for failure in business was covered in an article on Reuters that can be read here: <http://www.reuters.com/brandfeatures/venture-capital/article?id=120848>,

Atif Javid is based in Bristol, UK, and he encourages entrepreneurs to achieve more through M, B and A. More information about Atif and his personal development programme can be found by visiting the website links provided above.

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Atif Javid mentors, coaches and helps entrepreneurs and business owners unlock their personal potential to achieve extraordinary success in both life and business.

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