Atlanta Invisalign Dentist Reminds People To Enjoy Summertime With Some Tips For A Great Smile

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Dr. Zina Aaron of Rose Dental in Atlanta, Georgia, has issued a reminder to people to enjoy the summertime with some tips for a great smile. Summertime is a fun time when people get to enjoy the sun and the great outdoors. Thus, it is a great time for vacations, and naturally, it is also a great time to enjoy a lot of delicious food. Thus, Dr. Zina Aaron wants to remind people not to forget to take care of their teeth during the summer to ensure that they?ll have a great smile all the time.

The dentist herself says, ?I?m really glad that summertime is here! It?s great to be outdoors on the beach and anywhere else. Aside from that, we can enjoy a lot of delicious food. But I would just like to remind people to be mindful of what they eat and drink and to take care of their teeth. If at all possible, let?s minimize ingesting food with sugar because that is also food for the bacteria. Naturally, don?t forget to brush your teeth, floss and rinse your mouth with mouthwash to get rid of food particles stuck in the teeth that can serve as food for the bacteria. These bacteria can cause tooth decay and gum disease, so if you want to retain your great smile, please be mindful of what you eat and always remember to practice oral hygiene.?

Dr. Zina Aaron is an Atlanta holistic dentist who was recently certified as a SMART dentist, which allows her to conduct safe removal of amalgam fillings. These dental fillings contain mercury and the dentist must follow certain procedures to ensure that the mercury vapors and particles are not inhaled or ingested by the patient during the drilling process. The International Academy of Oral Medicine and Toxicology (IAOMT) has developed a number of strict recommendations for removing these fillings and dentists with a SMART certification have been ascertained to be knowledgeable and capable of following the recommendations. SMART stands for Safe Mercury Amalgam Removal Technique.

Rose Dental is focused on biological dentistry, which is also known as holistic dentistry. This means that they perform dental procedures according to the concept that the teeth and gums are an integral part of the body and therefore the patient?s overall health. This concept recognizes that oral and dental health can have a major impact on the overall disease processes and disease prevention. Thus, the dentists at Rose Dental will always try to resolve dental problems while at the same time ensuring that the procedure is in harmony with

the rest of the body.

As part of their holistic approach to dentistry, they don?t use mercury-containing materials for filling cavities but rather use composite materials that have been ascertained to be free of phthalates and bisphenol A (BPA). Those who are interested in having their amalgam fillings removed or in any other dental procedure can go to the dental office from Monday to Thursday, from 8:00 am to 4:00 pm. For Fridays, patients can call for appointment.

Meanwhile, Rose Dental offers a wide range of dental procedures, including dental implant services, and one of their popular services has to do with Invisalign aligners. These are clear aligners that offer a better alternative to metal braces for both teens and adults. The benefit is that Invisalign offers a virtually invisible way to improve a person?s smile. It is a kind of orthodontic treatment to help straighten the teeth without using the standard metal braces, which many patients consider to be ugly and embarrassing. The clear plastic aligners are custom-made for each patient. The result is that many patients who have never considered using metal braces before are now trying Invisalign.

Those who are interested in Invisalign and other dental procedures for enhancing their smile can visit the Rose Dental website or they can contact them by phone or via email. The dental office is closed during holidays but patients can contact them directly to learn about special holiday hours and closures.

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Rose Dental

The Rose Dental team provide care in a comfortable and relaxing environment that is mercury free and hypoallergenic. Our focus as a SMART certified, mercury-free, dental practice is on preventive dentistry and patient education.

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