



Medical Weight Loss Doctor In NYC Receives Praise From Patients

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Dr. Vadim Surikov, a New York City based weight loss doctor, has recently been receiving praise from his patients. Many of them refer to his detailed knowledge of the science behind weight loss, the fast and notable results they have noticed, as well as Dr. Surikov's pleasant and trustworthy personality.

One of his patients, Red R., praises Dr. Surikov's vast knowledge of weight loss and how the doctor is always ready to explain the different methods of weight loss. He expresses his appreciation for Dr. Surikov's commitment to giving his patients realistic goals and expectations, stating in his review, "Dr. Vadim Surikov is very knowledgeable in weight loss management. He explains different methods of weight loss and is very attentive to your expectations and goals. He tells you what to expect and does not sell you false dreams. Highly recommended."

As a fully qualified and licensed weight loss doctor, Dr. Surikov puts the most recent medical science and the most recent research on hunger, cravings, and nutrition to work trying to help his patients lose any extra

weight. Those who are dissatisfied with their weight can make use of Dr. Surikov's knowledge and skill to help them curb their cravings and change the way they eat. Read more about the doctor at the following link: [Medical Weight Loss NYC](#).

Medical weight loss requires a combination of science and behavior modification. Losing weight and gaining it back, committing to eating right, and then failing one's commitment is an endless cycle that must be broken if one wishes to make any noticeable progress on their journey to a healthy lifestyle. As Dr. Surikov says through his website, "Weight loss physicians should understand that changing these patterns is not simple. There are deep triggers and beliefs we all have about food. Some of them are emotional, some are mental, and others are physical cravings based on chemical imbalances. Understanding these in your own life is the first step, and our weight loss service will help you do that."

With Dr. Surikov, patients can rest assured that they are working with a weight loss physician that has a deep understanding of both the science and psychology of food, cravings, and the body's way of responding to both. He uses this knowledge to help his patients break free from the vicious cycle of craving and consumption, aiming to treat the cause of his patient's extra weight instead of the symptoms alone. This approach eliminates the actual reason behind the patient's overeating habits instead of simply treating the symptoms of overeating. The clinic can be found here: [Medi Weight Loss NYC](#).

Dr. Surikov applies a holistic approach to weight loss. He looks into preserving the health of the entire body and not just the one area that is obviously affected. The philosophy behind holistic medicine sees every problem as an issue with the whole body, not just the affected area.

The weight loss doctor has received dozens of reviews from a number of other pleased patients praising his work as well. "Met with Dr. Surikov yesterday and am compelled to write a review," says a patient named Josephine R.. "Very different from other physicians specializing in weight loss who just prescribe medications and send you on your way. Dr. Surikov takes a very generous amount of time and asks very detailed and specific questions about your lifestyle, medical history and overall health before deciding on a treatment plan. He can (and does) prescribe medication to aid in weight loss, but also tailors specific regimens for your individual treatment plan. He is extremely knowledgeable and clearly explains the causes and effects of existing medical conditions you have. From the moment you meet him, you will be absolutely confident that you made the best possible choice for your health. I am very grateful to have found him. Thank you Dr. Surikov!"

For help with losing weight and keeping it off, contact Dr. Surikov today. His knowledge and attention to the needs and wants of every patient is guaranteed to help any patient lose weight and treat any and all of the issues that may have caused the weight gain in the first place. Find out more at the following link: [Weight Loss Dr NYC](#).

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Weight Loss Clinic: Dr. Vadim Surikov

Dr. Vadim Surikov is a weight loss doctor in New York, NY who specializes in medical weight loss. His clinic provides weight loss programs that help patients lose weight without hunger. Each patient receives a physical exam before starting the program.

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