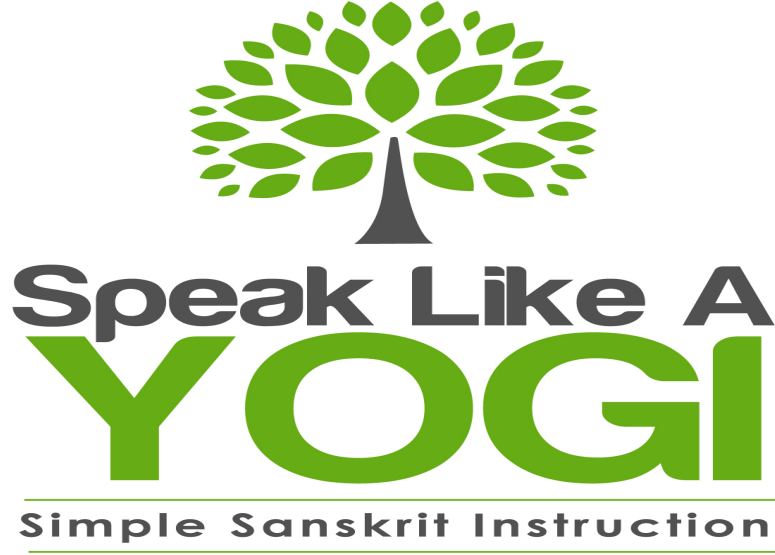




Speak Like A Yogi Releases Latest Yoga Teacher Training Program

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Speak Like A Yogi, a company that offers a Sanskrit pronunciation guide releases its Asana Series for Yoga Teacher Training Programs "YTT". With the use of the said program, students and yogis alike can have a renewed experience in yoga. It will likewise deepen and improve the appreciation of their yoga practice.

The use of Speak Like A Yogi language program comes with basic Sanskrit pronunciation techniques, English and Sanskrit names for yoga postures or asanas, as well as a bonus chapter on how to speak like a real yogi. In their website SpeakLikeAYogi.com, one is expected to increase his or her Sanskrit vocabulary through simple audio instructions. By way of comparison, the Sanskrit yoga teacher training 'YTT' program is easier to learn and can be taken anywhere for the most part unlike its counterparts.

The centuries-old technique of teaching Sanskrit has been slightly modified by Speak Like A Yogi through its "call and response method". By doing so, students can feel like there is a real yogi master sitting in front who guides them throughout the lesson. Each level is also broken up into chapters so students can easily go directly to the postures (aka asanas) they are trying to learn without the usual hassle and frustration. Listening to the entire program like that of a music album is likewise possible.

By following the YTT guide, students and teachers will feel more confident in Sanskrit regardless if they are on the mat or at the front of the room. As they progress, they will begin to bask in the sacred vibrations created when they open their hearts and minds to something new. This can be further seen at SpeakLikeAYogi.com/YTT.

Meanwhile, other mantras and chants such as Gayatri are also available at SpeakLikeAYogi.com/shop at \$20 each. These sacred sounds and vibrations are among the most common chants from the Rig Veda that are typically used in yoga studios. Incorporating these soothing ancient sounds and rhythmic patterns make the said mantras a wonderful part of one's daily practice.

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For more information about Speak Like A Yogi, contact the company here: [Speak Like A Yogiinfo@SpeakLikeAYogi.com](mailto:SpeakLikeAYogiinfo@SpeakLikeAYogi.com) www.SpeakLikeAYogi.com

Speak Like A Yogi

Speak Like A Yogi is a Sanskrit Language Program digital download specifically designed around how sanskrit is used in the yoga community. Each program includes the English and Sanskrit names for yoga postures.

Website: <http://www.speaklikeayogi.com>

Email: info@SpeakLikeAYogi.com



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