



Gear Up Hub Introduces New Garlic Press For Health Conscious Consumers

August 07, 2015

August 07, 2015 - PRESSADVANTAGE -

Gear Up Hub, a Berkeley Heights, NJ company, has recently introduced its newest product on the Amazon marketplace. The garlic press is designed to help health conscious consumers get the most from their meals.

"Garlic in general, offers a plethora of health benefits," says Mike Davis of Gear Up Hub. "We just wanted to make it easier for consumers to add this healthy ingredient to their lives on a daily basis."

Garlic contains allicin, which offers biological benefits. It contains very few calories, but has a number of nutrients including vitamins B6 and C, manganese, fiber, potassium, and iron, among others. Studies show that garlic contains a large portion of the majority of the vitamins and nutrients needed by the human body for optimal health.

It has been used for centuries for treating disease and illness, including the common cold. Research has shown that ingesting garlic daily can reduce the risk of contracting the common cold by as much as 60

percent. The average length of the cold can also be reduced by 70 percent.

Active compounds found in fresh garlic can help to lower blood pressure as well. Studies show that taking a daily garlic supplement can lower blood pressure as effectively as taking the popular blood pressure medication Atenolol.

Gear Up Hub's stainless steel garlic press can be used for crushing or mincing garlic with little effort. It is dishwasher safe and can be easily hand washed. In addition, rubbing the garlic press while washing will also remove garlic odor from hands.

"This is the easiest garlic press I've ever used," states Linda of MA. "I love that it's so easy to clean and there's none of that garlic odor after washing. The smell comes right out. Plus, it makes it easy for me to add fresh garlic to my foods, which makes them all taste incredible."

The press, which can be seen at <http://www.amazon.com/Gear-Up-Hub-Stainless-Experience/dp/B010TLUFEU> comes with a lifetime warranty, and will be available soon on Amazon.

Consumers who would like more information about the new garlic press can visit the company's Pinterest page at <https://www.pinterest.com/georgeg0318/kitchen-supplies/> or like them on Facebook at <https://www.facebook.com/pages/GEAR-UP-HUB/960544127329574>.

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For more information about Gear Up Hub, contact the company here: Gear Up Hub Mike Davis 941-877-2080 info@gearuphub.com 80 Deepdale Dr. Berkeley Heights, NJ 07922

Gear Up Hub

Gear Up Hub is a company focusing on household and personal products. We strive to provide you with beautifully designed items where form follows function. Our first offering, a garlic press will make cooking with garlic easy and fun like never before.

Website: <http://www.amazon.com/Gear-Up-Hub-Stainless-Experience/dp/B010TLUFEU>

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