



Utama Spice Uncovers How To Use Lavender Essential Oil For Hair Problems

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Utama Spice recently published new content regarding several ways to use lavender essential oil to treat hair and scalp problems. Solutions based on this lavender essential oil have greatly increased in popularity over the past few years, as new applications are being discovered and proven to be just as effective as strong, pharmaceutical medicines.

Utama Spice notes that lavender essential oils were recently found to be among the top hair treatments available, providing natural solutions to a common hair issues. Lavender oil has been used for thousands of years throughout history for this purpose, and many others, though the viability of these treatments has only recently been backed up by scientific study. As a result, it is now being widely accepted as a true alternative to regular hair treatments.

Ria Templer, a representative for Utama Spice, says, "This is a great breakthrough discovery, and one we hope will help propel the popularity of Lavender Essential Oils even further as a reliable alternative to regular medicaments. There are many ailments, conditions, and illnesses that Lavender can treat and mitigate, and there is no reason to believe that there will not be other uses discovered in the future. We foresee a world in

the near future where lavender and other essential oils are commonly used and widely accepted, even more so than they currently are. For this, and many other reasons, we seek to guide our customers through the products available in this rising industry."

The company says that lavender oil has excellent, natural antiseptic and antifungal attributes, in addition to powerful anti-inflammatory properties. Furthermore, lavender oil also contains phytochemicals and natural compounds like linalool that are especially terrific for the hair and skin in their natural form?yet these substances are synthetically added to lots of modern cosmetics. Given that the hair and scalp are both very delicate, it is usually better to choose only 100% pure and natural ingredients.

Lavender is popular among users for multiple applications in hair treatment. The most common use for lavender essential oil is to treat hair loss, reduce balding, control Alopecia, and promote hair growth. There are many studies that have shown the positive effects of lavender oil in treating these conditions, such as the one published by the National Institute of Health. The study was carried out by comparing the effects that lavender oil and other compounds had on animals that were shaved. After only a few weeks, lavender oil proved to be one of the most effective solutions tested, presenting 90% hair growth among test subjects.

The company says that, when massaged into the scalp directly or with a carrier oil, lavender essential oil stimulates the follicles and promotes hair growth. Templer explains, "The scalp and hair follicles need certain vitamins and nutrients to thrive. By massaging it in directly with these compounds, we produce an environment that promotes the healthy growth of new hair, strengthening the hair roots as well. When you consider just how many different aspects affect the growth of your hair, most of which are unavoidable due to everyday life, it is only fair to give it the little extra help it needs to stay healthy."

"From increasing blood flow and circulation to adding missing vitamins and nutrients to balance your scalp?s natural oils, lavender oil can go a long way in keeping your hair healthy," asserts Templer. She adds, "When complemented with other oil compounds, lavender oil can treat many different conditions, improving the hair's health even further." However, this is not the only use that lavender oil has for treating scalp and hair conditions, as it is also effective in treating lice and their eggs, dandruff, itchiness, and any minor injuries.

For more information regarding how lavender oil can be used to improve hair and scalp health, interested parties may read the newest article published by Utama Spice, where they explain this topic thoroughly. The study referred by the company can be accessed through the following link: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4843973/>. Furthermore, essential oil enthusiasts may follow the Utama Spice on their social media platforms to stay up to date with their latest news, articles, and announcements.

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Utama Spice

Utama Spice is a traditional skincare company based in Ubud, Bali. We focus on applying ancient Balinese herbal knowledge to create products that not only enhance your skin's natural beauty but also provokes your mind to consider the raw power of nature.

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