



Arrowhead Clinic Compares Chiropractic Care Vs Drug And Surgery For Back Pain

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Arrowhead Clinic, a chiropractic clinic in Atlanta, Georgia, has announced that they have recently published a blog post that compares the effectiveness of chiropractic care versus drug and surgery for back pain. The article is titled, "Chiropractic Care vs. Drugs and Surgery for Back Pain." This is important because back pain is responsible for more than 264 million sick days annually, and it is the primary cause of disability around the world. Statistics have also shown that around 80 percent of people will develop back pain at some point in their lives. The blog post can be read at <https://www.arrowheadclinic.com/category/blog/chiropractic-care-vs-drugs-surgery>.

"When it comes to back pain, many people are skipping the medical doctor altogether and choosing to see a chiropractor instead. Chiropractors are known for their care of back pain, that often achieves results equal to or better than pain medications or surgery, without the side effects," says Johnny Brown, spokesperson for Arrowhead Clinic.

He continues, "Many wonder what has made chiropractic care a popular choice when it comes to relieving back pain. In the article we have recently posted, we discuss surgery, drug therapy, and chiropractic care as

options for treating back pain.?

The article points out that while the treatment of back pain with medication is arguably the easiest way, it is not always the best way. Research studies have revealed that patients who opted for chiropractic treatments and exercise regularly were more than twice as likely to decrease their pain or even eliminate it altogether, as compared to taking drugs. Painkillers also simply mask the pain, while doing nothing to treat the actual cause of back pain.

Aside from that, most drugs, particularly painkillers, have unpleasant and sometimes dangerous side effects. Even over-the-counter drugs have been observed to have side effects. For instance, a certain OTC analgesic has been noted to be linked to serious health problems like impaired liver function and pancreatitis. And worst of all, some drugs are highly addictive, which often leads to an overdose.

Meanwhile, surgery is almost always the last line of defense when it comes to the treatment of back pain. If there is a way to avoid invasive surgery, it is a good idea to try it first before agreeing to surgery.

The problem is that people who consult a medical doctor first because of their back pain rather than a chiropractor are much more likely to undergo surgery. Around 43 percent of patients who consult a medical doctor eventually have surgery, compared to just 1.5 percent of patients who consult a chiropractor.

In addition to the invasiveness of surgery as well as the recovery time needed and the probable physical therapy that could go along with it, there are many other disadvantages of surgery. The costs involved in pre-surgery appointments, post-surgery appointments, recovery, and physical therapy can be quite substantial.

Furthermore, a major concern in hospital settings is the risk of contracting *Clostridium difficile*, which can cause colitis, an inflammation of the colon or large intestine that can make a person very sick. In addition, this bacteria can be transmitted to other people like loved ones.

Meanwhile, it should be noted that Arrowhead Clinic has been releasing various blog posts to inform about chiropractic care and healthy living. For instance, they have recently announced a previous blog post through a release that can be read at <https://www.pressadvantage.com/story/29143-arrowhead-clinic-6-reasons-to-embrace-a-healthy-lifestyle>.

Meanwhile, chiropractic treatment focuses on the issue rather than on treating the symptoms. Chiropractors will use an entire-body approach and will often recommend: exercise routines, adjustments to diet, and overall lifestyle changes for the patient. They will take a natural, holistic approach to pain management by bringing back the body into alignment in order to enable the body to function at optimal levels.

Arrowhead Clinic was founded by, Dr. Harry W. Brown, D.C., who obtained his degree from the Logan College of Chiropractic. Arrowhead Clinic has 8 chiropractic clinics in the greater Atlanta area.

People who would like to know more about the chiropractic treatment for back pain offered can visit the Arrowhead Clinic website at <https://arrowheadclinicchiropractoratlanta.business.site/?m=true> or contact them by telephone at (800) 961- PAIN (7246).

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For more information about Arrowhead Clinic Chiropractor Atlanta, contact the company here: Arrowhead Clinic Chiropractor Atlanta Dr. Clifton Weldon, DC (770) 637-0564 info@arrowheadclinics.com 3695 Cascade Rd, Atlanta, GA 30331

Arrowhead Clinic Chiropractor Atlanta

At Arrowhead Clinic in Atlanta, our Cascade Rd location specializes in treating personal injuries for 48 years and is a leader in the field. By utilizing chiropractic and Medical Doctors, we are able to treat your injuries with care and precision.

Website: <https://www.arrowheadclinic.com/chiropractor/georgia/atlanta>

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