

Austin Eye Care Center Publishes Post On Eye Problems And How They Can Be Corrected

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Austin Vision Therapy Center, an eye care clinic in Austin, Texas, has announced that they have recently posted an article on their blog page discussing various eye problems that people often suffer from one time or another. The article points out that while most of those problems are minor and usually disappear within a few hours, others remain for life. Most of those eye problems can be easily corrected through an appointment with an eye care center.

Dr. Denise Smith, founder and clinical director of Austin Vision Therapy Center, says, ?We have been posting articles regularly on our blog page in order to provide answers to common questions that most people have about vision and eye care. Many eye problems like eye strain and red eyes are temporary and usually go away by themselves in a matter of hours. However, some may be symptoms of something more serious. Moreover, some eye conditions like lazy eye can start during childhood and parents need to take their children to a pediatric eye care center to have it diagnosed so that it can be treated as early as possible.?

One of the common eye problems is eye strain. This usually happens in people who read a lot or are constantly in front of a computer. Eye strain occurs every time the eyes are overused. It can easily be

remedied by giving the eyes a break. Placing a wet compress or eye mask over the eyes and closing them may also help. But if the eyes still feel tired after several days or weeks, it is time to visit an Austin eye care clinic because it could be linked to another health problem.

Red eyes are another kind of eye problem. This is often related to eyestrain as this condition can often lead to red eyes. There are other possible causes of red eyes, such as lack of sleep, allergies or a late night out. However, red eyes may also indicate sun damage or conjunctivitis. If the cause of the red eyes is injury to the eyes like conjunctivitis or sun damage, it is advisable to see a doctor as soon as possible. And if over the counter drops don?t work, it would be a good idea to visit a vision center right away.

And then there is nighttime blindness. Difficulty in seeing at night might not necessarily be an eye problem but a symptom. Nearsightedness, keratoconus, cataracts, and lack of vitamin A often cause nighttime blindness. And when this occurs at birth, it is usually a form of degenerative disease and there are no treatment alternatives. Those who have will just need to be careful when in low-light areas.

And then there is the lazy eye or amblyopia. It happens when one eye fails to work as well as the other. People who have a lazy eye may notice that their vision is poor and that one eye moves around ?lazily,? which accounts for its name. It happens in adults, children and infants, and it can also affect both eyes. If the lazy eye is diagnosed and treated early in life, the affected person may be able to avoid chronic vision problems. Treatment for lazy eye often requires wearing glasses or contact lenses. It may also require the person to wear a patch to encourage the child into using the lazy eye. It may also be a good idea to bring the child to a pediatric eye care center because it could be an indication of dry eyes, allergies, or there is a need to correct the vision.

Dr. Denise Smith founded Austin Vision Therapy Center in 2004 and she currently serves as its clinical director. They have established as their mission to find solutions for various kinds of vision problems. Those who want to learn more about the services provided by Austin Vision Therapy Center can take a look at their website at http://austinvisiontherapycenter.com/, or contact them by phone or through email. They are open from 10:00 am to 6:00 pm, for Mondays and Fridays, and from 10:00 am to 7:00 pm, on Tuesdays, Wednesdays, and Thursdays.

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For more information about Austin Vision Therapy Center, contact the company here:Austin Vision Therapy CenterDr. Denise Smith(571) 248-0700info@cvdaustin.com5656 Bee Caves RoadBuilding D, Suite 201Austin, TX 78746

Austin Vision Therapy Center

Welcome to The Center for Vision Development. Here at ?CVD? (as we like to call it), we see our patients as more than just a set of eyeballs and look at how vision affects the person as a whole.

Website: http://austinvisiontherapycenter.com/

Email: info@cvdaustin.com

Phone: (571) 248-0700

