



No Gluten Allowed Releases Latest Blog Post Answering Is Quinoa Gluten Free

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Health and lifestyle blog No Gluten Allowed has published a recent entry which tackled one of the most popular foods available in the market: quinoa. No Gluten Allowed is a website that offers information on gluten-free food and tips on how to live a gluten-free lifestyle.

The blog posts articles on gluten which are tailored to help people with celiac disease and gluten intolerance. The blog is comprised of gluten free recipes as well as relevant news on gluten and celiac disease. Through its blog entries, No Gluten Allowed strives to answer questions most individuals have about celiac and gluten sensitivity, and provide a list of what these individuals can eat.

With a huge following on Facebook, the blog continues to write quality articles that can be of great help to any individual living a gluten-free lifestyle. Its recent post answers the question "is quinoa gluten free?" which is a popular question among celiacs and gluten-free individuals. One of No Gluten Allowed's writers noticed the increasing popularity of quinoa and decided to write about it to make the answer loud and clear: Yes, quinoa is gluten-free. The writer wrote and added: "Quinoa is a great way to get great nutrition and can be used in a number of ways for celiacs."

The response to No Gluten Allowed's recipe blogs is phenomenal. "We are happy with the amount of visitors we've been getting ever since we published recipe blogs," Steve, a writer at No Gluten Allowed, stated. "Our blog boasts of fantastic recipes our readers can make with ease, and best of all, every one of them is gluten-free," he said.

The blog's recipes range from breakfast, desert, main dish, bread, appetizer, to snacks. Its gluten free cannoli recipe has been getting a lot of likes on the website as well as on Facebook. The recipes found on the blog are a great step towards spreading the benefits of going gluten-free, as they all combine the many benefits of gluten-free food with delicious ingredients.

No Gluten Allowed updates its blog frequently, and readers can expect to see more exciting recipes and articles coming soon.

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For more information about No Gluten Allowed, contact the company here: No Gluten Allowed Steve (801) 810-8864 info@noglutenallowed.com 10006 Opal Cir Sandy, UT 84094

No Gluten Allowed

We are a website devoted to gluten free recipes, information, and anything else that relates to the life of those living gluten free.

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