



## **Northbrook Dentist Publishes Post On How To Take Care Of Baby Teeth**

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Dr. Steven Kacel, a dentist in Northbrook, Illinois, has announced that they have recently published an article to help parents know how to take care of their baby's teeth. The article from the Northbrook dentist is titled, "Deciduous Teeth: How to Take Care of Them?" and explains why baby teeth are called deciduous teeth and what parents need to do once deciduous teeth erupt.

Dr. Kacel himself says, "We are happy to provide some tips to parents on how they can take care of their baby's teeth. The article offers some practical hints on how to care for the milk teeth of the baby until all 20 baby teeth have developed."

Baby teeth are called deciduous teeth because like a deciduous tree that loses its leaves every year, children will lose their first set of teeth. However, growing teeth for the first time will cause many changes in the mouth of the children. If this process is not properly monitored, it can result into problems in the future.

According to the article from the Northbrook Dentist Office, deciduous or milk teeth will widen the channels in the jaw and gums and will also cause the growth of blood vessels and nerves. According to the article, the

most important thing that parents need to remember at the first sign of erupting teeth is to keep the baby's mouth clean. At least twice a day, a damp cloth can be used to gently wipe the inside of the baby's mouth. This includes the gums, in the cheek lines, and under the tongue.

Parents should be careful when applying pressure inside the baby's mouth because the tissues are very delicate. If possible, gauze can be used instead of cloth. Gauze provides a mouth massage and it can provide relief from pain. If the baby is experiencing unusual pain, a dependable dentist like Dr. Kacel can provide some advice on natural desensitizing products that can be applied to the gauze.

Parent should also remember to sanitize teething rings and toys. The goal of wiping the inside of the baby's mouth is to get rid of bacteria. If the teething aids have bacteria, this will defeat the purpose.

And once the milk teeth erupt, parents are advised to brush the teeth even if they are still very small, twice a day. However, they should make sure that the brush has very soft bristles. The brush head should be small while the handle should be large. This can help when it comes to brush accuracy, pressure control, and avoiding accidental swallowing. When brushing the baby's teeth, parents are advised to use pediatric cleaning paste in an amount not bigger than a grain of rice.

And during teeth eruption, it is also essential for the baby's teeth to have the proper kind of bite stimulus. This will help the teeth channels to develop in a balanced way. For those who are unsure on how to do this, they can consult with a dentist, like Dr. Kacel, to get some guidance.

And above all, parents should remember that the baby's first complete dental exam should be performed no later than one year old. By that time, most of the deciduous teeth have already developed and it is also the perfect time to begin teaching basic dental cleaning principles to the baby.

Dr. Steven Kacel has a number of credentials and memberships that serve as proof of his high standing in the field of dentistry and his capability to offer the best quality dental services. One example is the fact that he was given the Professional of the Year Award in Dentistry for 2011, 2012, and 2013. He is a graduate of the Northwestern University Dental School. He was also given the Top Invisalign Dentist Award for 2019. And he also received the America's Best Dentists awards for 2015 and 2017. He has also served as the attending dental consultant at NorthShore University Health System for 30 years at Highland Park Hospital. He is also a member of several dental associations.

Those who are looking for a dependable dentist in Northbrook and neighboring areas can visit their website at <https://northbrookdentistoffice.com/>, or contact them through the telephone or via email.

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For more information about Northbrook Dentist Office , contact the company here:Northbrook Dentist Office

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## Northbrook Dentist Office

*Our Northbrook dental facility is state of the art, providing high level services to individuals of all means. Dr. Kacel D.D.S., M.A.G.D., F.A.D.I, is a specialized dental provider and has been serving patients throughout the community for 33 years.*

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