



Best Chiropractor In New York NY Gets Another Five Star Review

September 03, 2019

September 03, 2019 - PRESSADVANTAGE -

Dr. Steven Schram, reputed to be the residents can go to, has announced with pride that he has once again received a five star review from a very satisfied patient. In the Google review, the patient expressed his happiness for finally being able to enjoy life after suffering so much from the pain in his throat that he felt when he swallowed.

The patient, Al B. says in his five star review for Dr. Schram, "About a year ago I started encountering pain in my throat when I swallow. The pain literally effected my everyday life making everything hard and unpleasant. I have seen over 7 specialists and went as far as surgery to try resolve the issue, but nothing helped. Thankfully, I found Dr. Schram! Within a few treatment from Dr. Schram I was able to see such a difference and within two months I can finally say it was a problem of the past. I can't thank the doctor enough for making life enjoyable again and am so glad I was able to find him. I can't thank him enough and I highly recommend him - the reception/service/office was exceptional but most important the treatment was life-changing (literally)!?"

Dr. Schram is a licensed acupuncturist and chiropractic activator New York NY patients suffering from debilitating pain can turn to. He has been providing such services in New York City and the metropolitan area for more than 25 years. The chiropractic care provided by Dr. Schram can help in speeding up the recovery process for people who are suffering from serious sports injuries, muscle sprains and strains. Injuries to the knees, ankles, wrists, hips, shoulders, elbows, spine, and shoulders can all benefit from Dr. Schram's chiropractic adjustments and the enhanced flow of the healing energies that occur naturally within the body.

It should be noted that while medical practitioners can prescribe medications that offer temporary pain relief, that is only for the short term and all too often, such drugs can simply mask the symptoms. Dr. Schram looks for the root cause of the problem. Sometimes, the primary cause of the pain is mechanical, in which case, Dr. Schram will apply gentle pressure to specific areas to make the necessary adjustments that will properly align the back, neck, and joints. The result is that the patient's freedom of movement is expanded, reducing pain and stiffness and enhancing quality of life.

Meanwhile, as an acupuncturist in New York City, Dr. Schram has successfully treated hundreds of patients who have been suffering from arthritis, joint pain, back pain, schiatica, neck pain, shoulder pain, migraines, and allergies. He has also successfully used acupuncture to treat diet and stress related illnesses, such as insomnia, constipation, and food and cigarette addictions.

Acupuncture is often used with other traditional Chinese medicine (TCM) treatment methods, such as Qigong, Tui Na, moxibustion, cupping, and Gua Sha. Dr. Schram says, "Acupuncture is the perfect treatment if you have an unresolved health issue which has gone on for too long. The practice is quickly gaining recognition as a treatment option that works for many, many troubling issues and conditions."

However, Dr. Schram believes that many Americans need to make a shift in their thinking regarding health. He explains, "The use of acupuncture for healing is too limiting. Chinese medicine has long held the correct view that the primary function of this therapy is to prevent illness and conditions before they become a serious problem."

He adds, "Staying away from TCM treatment options because they seem "mysterious" is short sighted. This simple, straightforward medical procedure has been in use for thousands of years, and has brought healing and a profound sense of wellness and balance to millions."

People who are interested regarding the services provided by the chiropractic care New York NY clinic of Dr. Steven Schram can visit his website or contact him through the telephone or via email. Clinic hours are from 8:00 am to 1:00 pm, 3:00 pm to 5:00 pm, for Mondays and Wednesdays; 10:00 am to 1:00 pm, 3:00 pm to 7:00 pm, for Tuesdays and Thursdays, and from 8:00 am to 1:00 pm for Fridays. Saturdays and Sundays are for emergencies only.

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Dr. Steven Schram

Dr. Steven Schram is a chiropractor and acupuncturist in NYC. Dr. Schram treats conditions that include lower back pain, neck pain and migraines.

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