

# FUTURES

## RECOVERY HEALTHCARE

### **Palm Beach Addiction Treatment Center To Host Inaugural Jupiter Recovery Day**

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A Palm Beach addiction treatment center has announced that they will be hosting the inaugural Jupiter Recovery Day, which will be held on Saturday, September 7, 2019 at Tequesta, Florida. The event is designed to bring together community members and local businesses to celebrate and honor those individuals who are in recovery from substance abuse or mental health disorders.

There will be various kinds of activities for local community members who are identified as being in recovery or a supporter of recovery. These activities include: free yoga, meditation and breathwork classes at Kula Yoga Shala from 10:30 am to 3:30 pm for a maximum of 75 people; free paddle boarding at Blueline Surf & Paddle from 10:30 am to 1:00 pm for a maximum of 50 people; and free innovative, high-intensity group workout offered at the F45 Training Jupiter from 3:30 pm to 4:15 pm for a maximum of 36 people.

Also included is a dinner and networking reception to be held at The Woods Jupiter on September 7 for the local sponsors and donors of the event. Deja Gilbert, COO of Futures Recovery Healthcare, says, "We are excited to take a proactive approach to raising awareness in this community. In the time we've been planning the event, we've seen an overwhelming response from the local residents and business owners.

We look forward to continuing to grow this initiative in years to come.?

The sponsors of the Jupiter Recovery Day include The Snyder Group, Jupiter Island Estate Management, Empower Therapy & Wellness, F45 Training Jupiter, Blueline Surf & Paddle, and Kula Yoga Shala. Park Avenue BBQ Grill will be taking care of the food for both adults and children. The event is also designed to raise funds for Chasin A Dream Foundation, which is a local non-profit organization. This organization offers individualized, life-changing help to families with children who are fighting life-threatening diseases, such as cancer or cystic fibrosis.

?The idea of Jupiter Recovery Day is to bring local businesses and community members together in the name of recovery; to highlight that recovery from substance use and mental health disorders is possible and there are many living happy, healthy, and sober in this community,? explains Laura Kunz, Outreach & Community Liaison of Futures Recovery Healthcare.

She explains, ?They are parents, employees, business owners, philanthropists, students. It?s important that we all come together in the hopes that the unified message spreads to the many in the Jupiter area who still need hope and encouragement to recover.?

The services that are provided by Futures Recovery Healthcare can be subdivided into several categories. These include care coordination; psychotherapy; psychiatry; case management; physical therapy; telehealth; wellness and nutrition; and support groups. They also provide a number of specialized treatments. These include trauma treatment, eating disorder treatment, and pain treatment.

Previous patients of Futures Recovery Healthcare have provided highly positive testimonials about the addiction treatment center. For instance, Tara says, ?Futures saved my life. I?m over two years sober and continue to utilize the tools they gave me in order to make every day count. The facility as a whole is beautiful and peaceful. The staff is incredibly kind, knowledgeable and there for all of the right reasons. They genuinely care about your recovery. They were able to get me back to being a mother and wife again ... but the new and improved version. And my family and myself cannot thank them enough. I have recommended this facility to many people. If you want your life back, this is the place to go!?

Futures Recovery Healthcare is a specialized treatment provider for addiction and co-occurring mental health disorders. They have both residential and outpatient programs in Palm Beach County, Florida. They focus on comprehensive and coordinate healthcare services that are designed to address the complex conditions of people with substance abuse and mental health disorders.

Those who need more information regarding the treatment services offered at Futures Recovery Healthcare can visit their website, or contact them via the telephone or through email.

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For more information about Futures Recovery Healthcare, contact the company here: Futures Recovery Healthcare  
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## **Futures Recovery Healthcare**

*Futures approaches the treatment of addiction and co-occurring physical and mental health conditions as chronic medical problems requiring comprehensive and integrated care and a lifetime of self-management.*

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