

BACH Fitness Expanding to San Francisco

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BACH Fitness, one of the most eminent names in providing custom planned, concierge fitness services to clients, is now opening a new base of operations in San Francisco. With trainers located in both Los Angeles and New York City, BACH is excited to be able to further help people become the best version of themselves through carefully coordinated fitness plans.

Residents of San Francisco will have a tremendous amount of flexibility when it comes to working with BACH trainers, as they are able to meet clients at a location of their choice and are flexible about scheduling classes as well. The training is private, tailored to clients' specific availability, and most importantly, motivational in both tone and spirit.

About BACH

BACH was founded in Los Angeles and now currently serves clients in Los Angeles, New York, and the greater San Francisco area. They specialize in providing five-star concierge fitness services to clients who are passionate about their training but do not necessarily have a lot of flexibility in their scheduling.

Each session is paid for at an hourly rate, and before a client undertakes their first session, they will speak on the phone with their trainer so that they can make sure the two are a good fit for one another. BACH also has profiles for each of their trainers broken down by city on their website, which allows potential clients to see both a photo of the trainer and to learn more about their specialties and educational background.

Clients can formulate a custom strategy that is based around three separate fitness categories: private training, yoga, and Pilates. Based on the information that is provided at the outset about the client's individual fitness goals, BACH is able to hand pick an expert that will be able to help the client achieve those goals in a safe and timely fashion, all while providing expert motivation and information along the way.

BACH is passionate about helping people get fit, and they hope to further expand their operations and continue to build upon their already stellar reputation. For more information on BACH, their concierge fitness

services, and what cities they are currently serving, contact them through their website at bebach.com.

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For more information about BACH, contact the company here: BACH(213) 410-5448 Los Angeles, CA

BACH

BACH is a premium fitness service that matches you to a trainer based on your goals and experience. Our trainers meet you wherever and whenever works best for you and consider your whole person when designing your training program.

Website: <https://bebach.com/>

Phone: (213) 410-5448