



## **Holistic Dentist Offers Non-Narcotic Dental Sedation In Seattle**

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Green City Dental, a dental office in Edmonds, Washington, has announced that Rebecca Taylor, DDS, one of their dentists, has discovered a way to relieve dental anxiety without using narcotic based sedatives. As a biological dental office, they offer options for dental sedation that are non-narcotic but effective. This is because at Green City Dental, they are concerned not just with dental problems but with the overall health of the patient.

For minor procedures that last for 90 minutes or less, such as crowns, single tooth extraction and single implants, IV sedation is provided. Patients are placed in a semi-conscious state and can breathe on their own. For more extensive procedures, such as multiple implants or full mouth reconstruction, general anesthesia is usually provided. Here, the patient is completely unconscious and put on a ventilator for breathing. Dr. Andrew Koogler, a medical doctor who is board certified both in pain management and anesthesia, handles both general anesthesia and IV sedation for the dental office.

Dr. Rebecca Taylor says, "We offer meticulous, uncompromising, state-of-the-art dental care with a commitment to honoring and caring for the beauty, importance and sovereignty of ourselves and every

person we have the privilege to serve with love, joy, compassion, and respect. Our non-narcotic dental sedation procedures are part of our holistic dentistry efforts.?

Dr. Taylor practices biological and minimally invasive dentistry. She works closely with her patients so that she can educate them and develop customized treatment plans that are suitable for each patient's specific values and needs. She has trained in ozone therapy, safe mercury amalgam removal tooth remineralization, laser dentistry, neuromuscular dentistry, Invisalign with PROPEL, non-invasive therapies for snoring and/or sleep apnea, and non-surgical periodontal therapy. Their office is fluoride-free, mercury-safe, and mercury-free. They only use digital x-rays and only take them when necessary.

Basic services provided at Green City Dental include dental exams, cleanings and preventive dentistry; pediatric and kids' dentistry; perioscopy and treatment of other gum diseases; tooth-colored fillings and crowns; dental implants; Carlson bridges; dental surgery with PRF/PLR to support healing; emergency dentistry and urgent care; non-narcotic sedation dentistry and anesthesia; saliva pathogen and genetic testing; oral cancer screening; neuromuscular dentistry; sleep apnea and snoring solutions; night guards and splints; and digital x-rays and other imaging.

Green City Dental also offers cosmetic dentistry services. These include laser facial aesthetics; no-drill veneers; smile brightening; and Invisalign.

Various advanced and holistic dental services are also provided at the Seattle dental office. These include Myobrace; ozone therapy; myofunctional and craniosacral therapy; Carlson bridges; micro air abrasion; sensitivity assessments; material biocompatibility testing; metal-free, ceramic implants; metal-free fillings and restorations; mercury detox referrals; and conquering dental fear and anxiety. Dr. Taylor is also amenable to communicating with the patient's naturopath or other health care providers in order to create a whole body treatment plan for the patient's specific health situation.

Proof of the quality of the services provided by Green City Dental can be found in the highly positive reviews that the dental office has received from patients. Their overall rating on Google is 4.2 out of 5 stars.

In a recent patient review, Sharon H. gave them five stars and said, "Green City Dental has been a totally different dental experience for me. For the first time, a practitioner looked at the reason for my TMJ discomfort which is an overbite. I am now wearing an appliance to correct this. Not a simple night guard, an appliance that will realign my mandible to my maxilla. My positive experiences have not diminished since my first visit. [...] Without hesitation, I recommend Doctor Taylor and all of her staff. From the front office, to Lily, to the dental assistant Shelby, to the hygienist Barbara, I applaud you all for your professionalism, your patience in answering my questions and your attention to my holistic health. Thank you!?"

Those who are looking for a Seattle holistic dentist can visit the Green City Dental website or contact them through the telephone or via email. Dental consultation is by appointment only.

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For more information about Green City Dental, contact the company here: Green City Dental Kimberly Klautt (425) 776-3352 [kimberly@greencitydental.com](mailto:kimberly@greencitydental.com) 8405 196th St SW Edmonds, WA 98026

## **Green City Dental**

*Green City Dental is Seattle's premier biological and holistic dental practice.*

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