



## **Denver Assisted Living Center Rosemark At Mayfair Park Recognizes September As National Senior Center Month**

*September 16, 2019*

September 16, 2019 - PRESSADVANTAGE -

Rosemark At Mayfair Park, a Denver assisted living center, has announced that they recognize September as National Senior Center Month. For September 2019, the National Senior Center Month focuses on how senior centers are integral parts of people aging well. Senior centers play a vital role for individuals to age healthily and also for communities to appropriately support older adults. It is believed that senior centers represent the future of what aging can be. This is because the innovative programs that are hosted at senior centers can alter the perception of aging, and result in the production of community resources for aging expertise.

Sandy Christensen, a spokesperson for the assisted living facility says, "We firmly believe in the need for celebrating a National Senior Center Month this September. This is in line with our goal of bringing fresh thinking to senior living."

He adds, "Seniors, this is your time. Live it to the fullest in a diverse Denver assisted living, respite care, and memory care community that's vibrant, supportive, and centered around your well-being. Because

Rosemark is locally owned and managed, we can be responsive to residents in a small, intimate senior housing environment.?

Rosemark At Mayfair Park is a private pay retirement community that offers services for assisted living. Some of their senior living residents have tapped into Elderlife and utilized their long-term care insurance to help them enjoy comfortable retirement with the senior housing options offered by Rosemark.

The assisted living and memory care residents at Rosemark benefit from the concept of Pomeroy Living, a national senior living provider which has 20 years of experience and has over 2,200 assisted living and memory care residents in seven communities.

One of the services of the provider of assisted living Denver residents can rely on, is the Arbor Assisted Living? program in which the residents collaborate with the assisted living facility?s team in building a neighborhood to fit the particular desires and interests of the residents. This program makes use of the center?s LEAF (Live, Enrich, Aspire, Flourish) philosophy to carefully come up with enriching spaces to support the residents? potential to Never Stop Blooming?.

The highlights of the Arbor Assisted Living? program include creativity, personalized care, wellness, and nature. Its unique features include the use of gardens, atrium dining room, library loft & media center, inviting community spaces, and onsite fitness and health.

There are various apartment plans available at Rosemark At Mayfair Park. These are the Rosette, Cascade, Bouquet, and Duet. A Rosette apartment is a right-sized studio for one person, complete with kitchenette, private bath, and a large refrigerator. The Cascade apartments are one-bedroom apartments with separate living room, private bath, kitchenette, and large refrigerator.

The Bouquet is only available for the Arbor Assisted Living program. It is composed of two flexible alcoves, which can be configured either as two bedrooms or as a bedroom and den. It also includes a kitchenette, private bath and large refrigerator. This is suitable for two people.

The Duet is also only available for the Arbor Assisted Living program. It is a two-bedroom apartment with a separate living room, a bath, kitchenette, and large refrigerator. It is also appropriate for two people.

And then there is the Trellis Memory Support program, which includes memory care services. Instead of focusing on the limitations of people who are suffering from dementia or Alzheimer?s, they focus on the possibilities, always helping the residents to live their life to the fullest.

Program highlights include professional training, personalized approach, personalized music, holistic

approach, and pain management. The unique features of the program include high staff-to-resident ratios, gardens, personal wellness monitoring, inviting community spaces, and onsite fitness and health.

The center's LEAF philosophy for Alzheimer's disease and dementia care is based on scientific research. Their memory care program is designed to help residents overcome cognitive challenges. They make use of a 24/7 personal response system and QuietCare wellness monitoring technology to offer unobtrusive security for the residents.

Those who require more information regarding the Rosemark Denver assisted living center can visit their website, or contact them on the phone, or through email.

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For more information about Rosemark At Mayfair Park, contact the company here: Rosemark At Mayfair Park Sandy Christensen (303) 770-7673 info@RosemarkMayfairPark.com 833 Jersey St Denver, CO 80220

## **Rosemark At Mayfair Park**

*Rosemark at Mayfair Park offers a variety of superior senior living services for Denver Assisted Living, Memory Care Residences & Respite Care. This is not an old-fashioned nursing home in Denver but a state-of-the-art retirement community.*

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