



## **iProven Introduces 2019 Version Of Their BPM 317 Blood Pressure Monitor For Home Use**

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iProven, a company based in Dordrecht, The Netherlands, has announced that they have introduced the 2019 model of the BPM-317 device for monitoring blood pressure in the home. This latest BP monitor is designed to make it easy for ordinary people to keep an eye on their blood pressure. In addition, each reading is stored with a date and time stamp to help people see how this one important indicator of their health has changed through time. This device from iProven is to be worn on the wrist to take BP measurements. It is shipped ready to go as it arrives at the customer's doorstep with a storage case, batteries, and manual.

The BPM-317 is designed to measure a person's BP automatically. The user simply wraps the cuff around his or her wrist. It makes use of the most up-to-date technology for measuring blood pressure and pulse, and it is even capable of detecting irregular heartbeat. Moreover, the design team at iProven has ensured that the measurement process would be comfortable for the user. To do that, the BPM-317 initiates the measurement process while the blood pressure cuff is still inflating.

Suzanne, a spokesperson for iProven, says, "Our new BPM-317 device is for those people who have been

searching for an accurate and convenient blood pressure monitor. Your journey is finally over. You can now have your own way of measuring your BP. The design team at iProven has ensured that the BPM-317 is precision engineered to provide an accurate blood pressure reading each time it is used. It will even store the readings for you. No need to jot down each reading on a piece of paper that can easily be misplaced and lost.?

It is also important for the users of the BPM-317 to read the manual provided with it and the new AHA guidelines. Incorporated into this new BP monitor is the new threshold for defining high blood pressure. Taking those guidelines into account, the device will indicate whether a person has high blood pressure or not.

In the updated AHA guidelines for the detection, prevention, treatment, and management of high blood pressure, this is now defined as 130/80 mm Hg rather than the previous 140/90 mm Hg. The goal of these new guidelines is to take into account complications that may occur at the lower BP numbers and to allow earlier intervention. Intervention can be in the form of changes in the person's lifestyle or taking some medication in a number of patients.

Paul Whelton, who was the lead author of the new AHA guidelines, explains, "It doesn't mean you need medication, but it's a yellow light that you need to be lowering your blood pressure, mainly with non-drug approaches."

With the new guidelines lowering the numbers that define high blood pressure, it has become more important than ever to monitor a person's blood pressure. With that in mind, it is also necessary to note that a person's blood pressure reading can vary throughout the day and it can be influenced by various factors such as the time of day, stress, and even the way the cuff has been wrapped and how the user holds the arm. Users of the BPM-317 also need to familiarize themselves with its manual to ensure that they are using the device correctly.

Suzanne points out that in order to measure a person's blood pressure with ease and accuracy, it is necessary to ensure that the cuff on the wrist is at the same level as the heart. People should also keep still while the measurement is being taken. And they should not eat or drink during the blood pressure measurement.

iProven is a company that offers home health products that can be used by ordinary people to help care for their health and that of their loved ones. People who are interested in the BPM-317 digital blood pressure monitor or other similar products from iProven can visit their website or their Amazon page. They may also

contact them through the phone or by email.

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## **iProven**

*It is our passion to develop high-quality products that can easily be operated by every home user and provide the best-tailored education together with the products. We love to help you get the most out of the product and be more health aware.*

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