

In Home Care Castle Rock CO Service Provider To Celebrate International Day Of Older Persons

September 30, 2019

September 30, 2019 - PRESSADVANTAGE -

Comfort Keepers of Castle Rock, Colorado, has announced that they will be celebrating the International Day of Older Persons, on October 1, 2019. This celebration was designated by the United Nations General Assembly to address the issues that arise from the increasing number of older people who are 60 years old and above, which is projected to be more than 20 percent of the world's population by 2050. As part of the celebration, they plan to focus on how to improve the services they provide to address the specific needs and challenges faced by many older people.

Comfort Keepers is a provider of award-winning in-home care for senior citizens and other adults who require assistance. Katie Coleman, owner/director at Comfort Keepers, says, "Our dedicated and trained caregivers help maintain independence and quality of life so loved ones can continue living safely at home. Our caregivers travel to clients' homes to provide care services and living assistance. Our work allows seniors and disabled individuals to live independently and as comfortably as possible. With our expert caregivers in your loved one's home, you can rest assured knowing he or she is receiving the best care possible."

Comfort Keepers has developed the reputation of being the leading provider of in-home senior care in Castle Rock CO, offering specialized services that are tailor-fitted to the needs of the seniors. The goal of the services that they provide is to prolong independent living for seniors for as long as possible. Their Interactive Caregiving approach is designed to transform day-to-day caregiving into opportunities for meaningful interactions. This includes activities and conversation that enrich and engage the mental, physical, emotional, and social lives of seniors.

Comfort Keepers provides a wide range of services for seniors. These include assistance with bathing and hygiene; feeding a special diet; incontinence; mobility; and transferring and positioning. With their grooming and hygiene guidance service, their goal is to help clients with their personal care routines in order for the seniors to look and feel their best inside and outside the home. They offer assistance to clients who are afraid of falling while bathing or have limitations that affect bath time. They can also help with shaving, shampooing, hair combing and styling, and more.

Mobility assistance is also provided because falling can cause serious physical and emotional issues for seniors. The caregivers from Comfort Keepers can substantially reduce the risk of falling through mobile assistance inside and outside the home.

Transferring and positioning assistance for seniors is also provided to help them move around their homes. This may include getting in and out of wheelchairs, in and out of chairs, and in and out of bed. Proper transferring and positioning is essential because it can help with decreasing the risk of bedsores. This can also help in minimizing muscle atrophy, while promoting proper breathing and digestion. This assistance can also help in reducing the risk of falls and injuries, including keeping seniors as comfortable as possible.

Another service provided by the caregivers is toileting and incontinence care. Without proper assistance in these activities, seniors may face a number of problems. These include unpleasant odors, skin infections, and general hygiene issues. The caregivers have been trained to provide compassionate and dignified assistance with these personal aspects of daily living.

Another important service offered by the caregivers is nutrition and meal preparation. This allows seniors to have a nutritious diet on a regular basis, which has a significant impact on their well-being, reducing the risks of many common health problems like diabetes and heart disease. Also, many seniors under the care of Comfort Keepers have prescribed meal plans that they must follow for health reasons.

Conversation and companionship is another important service provided by the caregivers. This is because scientific research has shown that seniors who remain socially engaged have a better quality of life compared to solitary seniors.

Those who are interested in home care assistance Castle Rock seniors can depend on can visit the Comfort Keepers website or contact them on the phone or via email.

###

For more information about Comfort Keepers Home Care of Castle Rock, contact the company here: Comfort Keepers Home Care of Castle Rock Katie Coleman (303) 993-1111 katiecoleman@comfortkeepers.com 1001 S Perry St Ste 105B Castle Rock, CO 80104

Comfort Keepers Home Care of Castle Rock

Comfort Keepers of Castle Rock, CO says yes when others say no. Our agency is led by an RN. We offer daily wellness

check-ins, flexible scheduling, no 4-hr. minimums, no set-up fees, and simple straightforward pricing.

Website: <https://castlerock-1052.comfortkeepers.com/>

Email: katiecoleman@comfortkeepers.com

Phone: (303) 993-1111