Keenhealth Offers Nasal Wash And Sinus Rinse Bottle For Nasal Congestion

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Keenhealth, a home health products business based in Denver, Colorado, has announced that they are offering the K-NW-237 sinus medicine nose wash bottle designed to be used for nasal irrigation that can help relieve nasal congestion due to allergies. Included with the bottle are 30 sachets of saline mix so that users can easily make their own saline nasal spray. This sinus irrigation system can help minimize the symptoms related to allergies. Consumers can keep their nose and sinuses clean with the K-NW-237 sinus rinse bottle.

Lily, a spokesperson for Keenhealth, says, ?A nasal rinse can help to relieve issues related to nasal congestion. When you have a stuffy nose, a sinus rinse a day can give you the relief you're looking for. That is why we offer the K-NW-237 nasal wash and sinus rinse bottle. It is easy to make your own saline nasal wash but we have also include 30 sachets of saline mix to make it even easier for you.?

She continues, ?Our Sinus Irrigation System can help to reduce symptoms related to allergies. Keeping your nose and sinuses clean with our Sinus Rinse Bottle will help you to breathe more easily and more freely.?

Nasal congestion or stuffy nose is a symptom of the common cold, allergies, or a sinus infection. This is

mostly due to swollen nasal tissue and mucus buildup. This can be quite irritating and may even be accompanied with pain so that it can affect a person?s quality of life.

There are various home remedies that can help relieve nasal congestion. For instance, humidifiers can be used to add moisture to the air and this helps in soothing inflamed nasal cavities and help break up mucus. However, those who have asthma may need to consult with their doctor before they use a humidifier.

Another important home remedy for nasal congestion is the saline spray. This can be used for all ages, except for babies. This is the purpose of the K-NW-237 nasal irrigation system. To make it convenient for the user, 30 sachets of saline mix have been included, making it easy for the users to make their own saline nasal spray. The saline mix has pure ingredients to ensure that the nasal irrigation would be mild and friendly to their sinuses and nasal passageways.

A saline nasal spray is designed to deliver a mist of saline solution that is not medicated to help in moisturizing and washing the nasal passageways. This can get rid of airborne irritants inside the nose, such as dust, pollen and other allergens, thus removing the source of the allergies that may be causing the nasal congestion.

The K-NW-237 nose wash bottle comes with two sizes of nozzles. One size is for adults and the other size is for children.

For safe use of the nasal spray, people are advised to avoid using tap water but instead make sure that the water is sterilized. This can be done by boiling the water and then allowing it to cool down. Tap water is not recommended because of the possibility of getting a serious infection from it. Thus, it is always advisable to use sterile water.

When using the nasal spray, users are advised to stand with their head over a sink or in the shower and then tilt their head to one side. Using the K-NW-237 nose wash bottle, they can spray the saline solution slowly into the upper nostril. Next, they will allow the saline solution to pour out the other nostril and into the drain. During this process, it is important to breathe through the mouth instead of the nose. The process should be repeated using the other nostril. It is also important not to allow the solution to drip down the back of the throat. Users may have adjust the position of their head to prevent this. To finish the process, users will need to gently blow their nose into a tissue to get rid of any mucus.

Those who are interested in the K-NW-237 nasal wash bottle or other similar products can visit the Keenhealth Amazon page.

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For more information about Keenhealth, contact the company here:KeenhealthLilyDenver, CO

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